

**In Case of Emergency:
How Building Systems Make
Facilities More Resilient**

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Today's Webcast starts at 1:00 p.m. Eastern.

You will not hear audio until the Webcast begins

In Case of Emergency: How Building Systems Make Facilities More Resilient

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Today's Moderator



Ed Sullivan

Editor

building
OPERATING
management

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Today's Presenter

Cole Roberts, PE, LEED AP



Associate Principal

ARUP

- Co-authored “Two Degrees – Our Built Environment and the Changing Climate” with a focus on resilience, adaptation, and decision-making.
- Energy and sustainability business leader in San Francisco
- Design, assessment and consultation in the built environment
- Keynote speaker at numerous conferences
- Published in peer reviewed conferences and journals.
- Guest lecturer at Stanford University and the University of California at Berkeley.
- Arup is a 12,000 person employee owned design engineering and consulting firm with over 90 offices globally.

Learning Objectives:

- Review the role of resilience and resistance in an overall building-readiness strategy.
- Analyze the reasons that resilience is an increasingly urgent topic — and why that urgency will continue to rise.
- Learn how specific building systems — including the building automation system, the HVAC system, and the mass notification/emergency communication system — can make a building more resilient.
- Understand why effective operations and maintenance is an essential first step to resilience.

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To ask questions:

Please use the question and answer panel on the right-hand side of the screen, and send to all panelists.

Presentation Handouts

All participants will receive an e-mail by the end of the day with a link to download a PDF copy of today's presentation slides.

CEU Information



Trade Press Media Group has been accredited as an authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean VA 22102; (703) 506-3275

To successfully earn 0.1 CEUs, you must attend the entire webcast and earn a 70% or higher on the assessment.



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Every building is different,
we make them safe.

Every building is different, we make them safe.



From simple to sophisticated, Siemens has the fire and life safety technology to meet a building's unique needs.



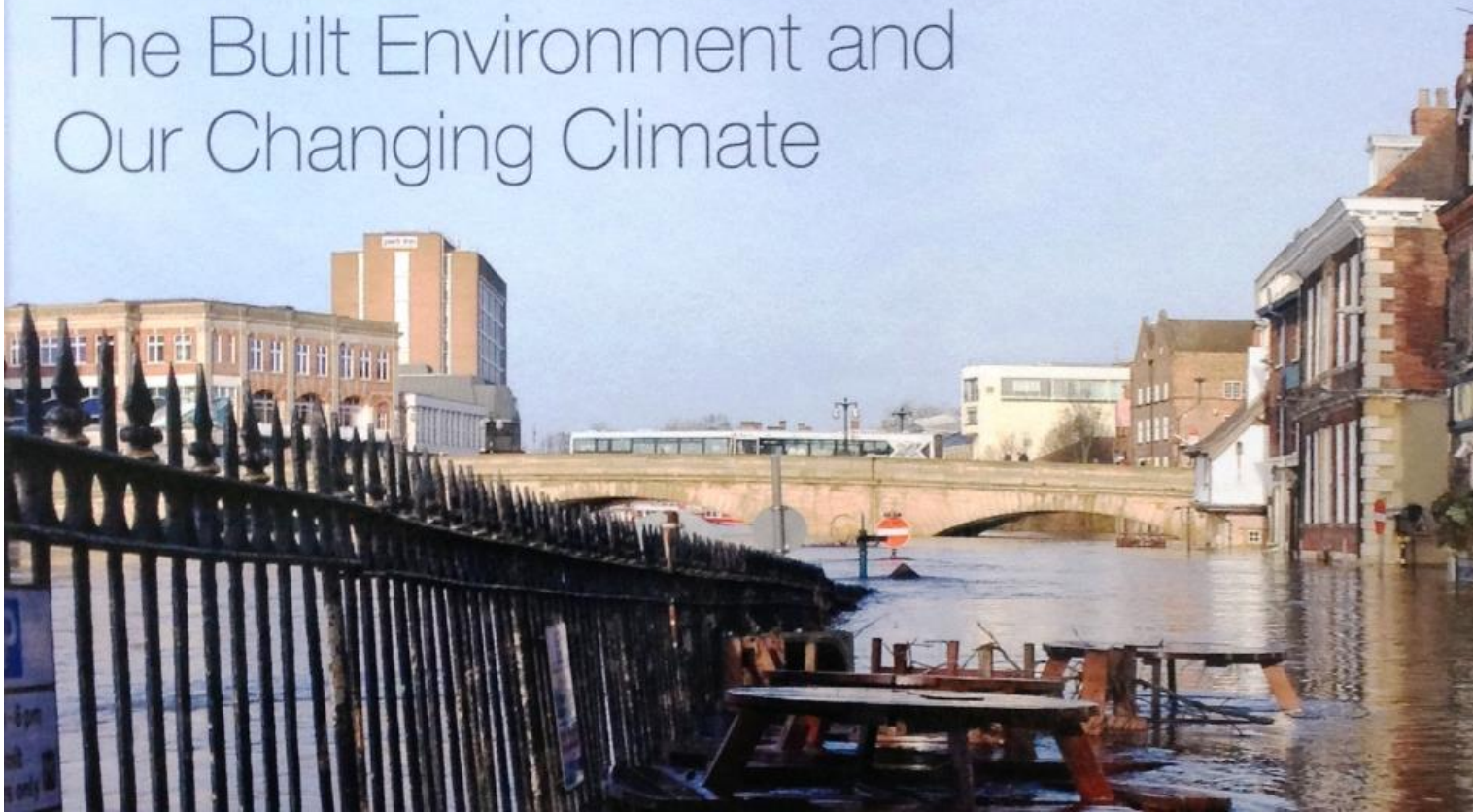
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Two Degrees

The Built Environment and
Our Changing Climate



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+ Learning Obj: Resilience Value

- Marketing (e.g., REDI Rating System)
- Market Retention
- Loss Avoidance
- Business Continuity
- Reduced Insurance Premiums
- Co-beneficial Outcomes: e.g., better O&M, shared systems, better comfort control, etc.

Summary Overview

If a disaster strikes, how will your buildings respond? That's a question that more and more organizations are asking facility managers. Whether the risk comes from a flood or hurricane, an earthquake or a fire, facility managers increasingly need to develop strategies to ensure that buildings are resilient. What makes that task especially challenging is that there is no single template that can be used to make all buildings more resilient.

This webcast will examine key concepts and concrete steps that facility managers can take advantage of as they develop a resilience strategy for their own buildings. The webcast will take a close look at the important role that building systems can play in improving resilience. The speaker will help facility managers understand why some risks are on the rise, delve into overlooked factors like accumulated risk, and present examples of successes and failures.

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Changing Climate

		Flooding Events	Drought	Heat Wave	Wind events (Nor'easter, Hurricane)
Frequency of Occurrence	Past (1970-2000)	• 1 in 100 years	• 1 in 100 years	• 2 per year	• 1 storm per 3 years
	Projected Future	• 1 in 15 years	• Unclear	• 8 per year	• More frequent

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...Combined with:

Aging infrastructure



Increasing population



Limited Resources



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HEALTH FACILITIES MANAGEMENT

Planning for Disaster | Survey Results

July 2014 | Vol 27 Issue 7

Credits: Rebecca Vesely, Suzanna Hoppszallern

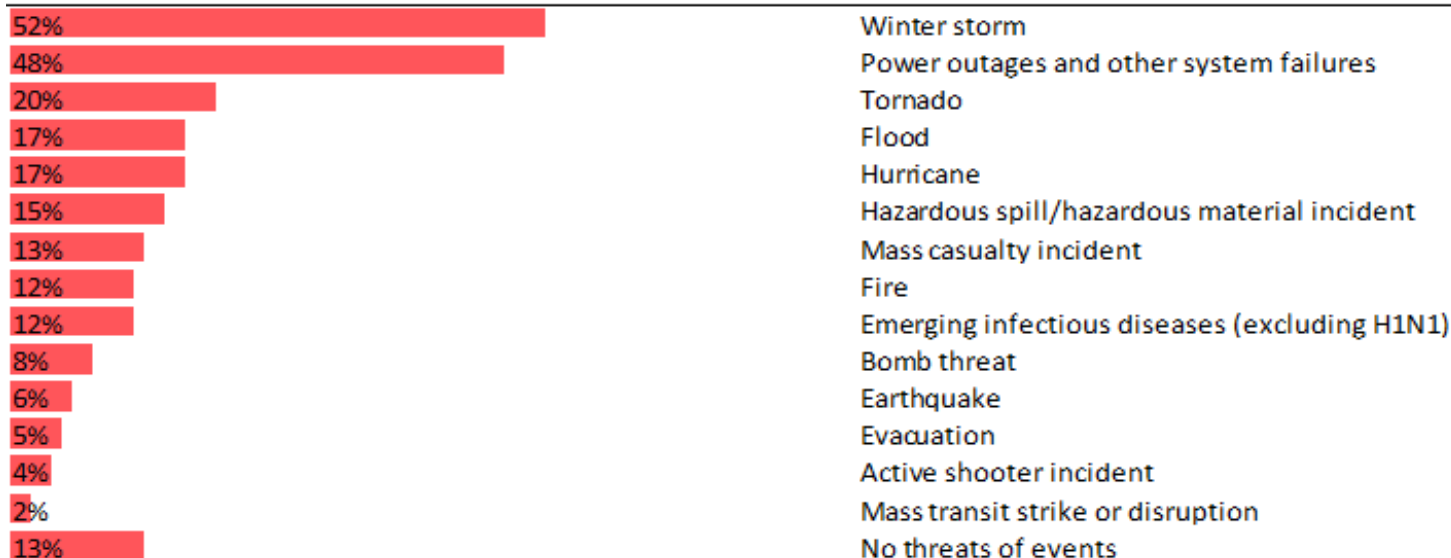
87%

Percentage of organizations with one or more events in the last 5 years that required implementation of the **EMERGENCY PREPAREDNESS PLAN (EPP)**

58%

Percentage of organizations/facilities went on **EMERGENCY POWER** because of a disaster in the last 5 years

CAUSE OF EPP IMPLEMENTATION



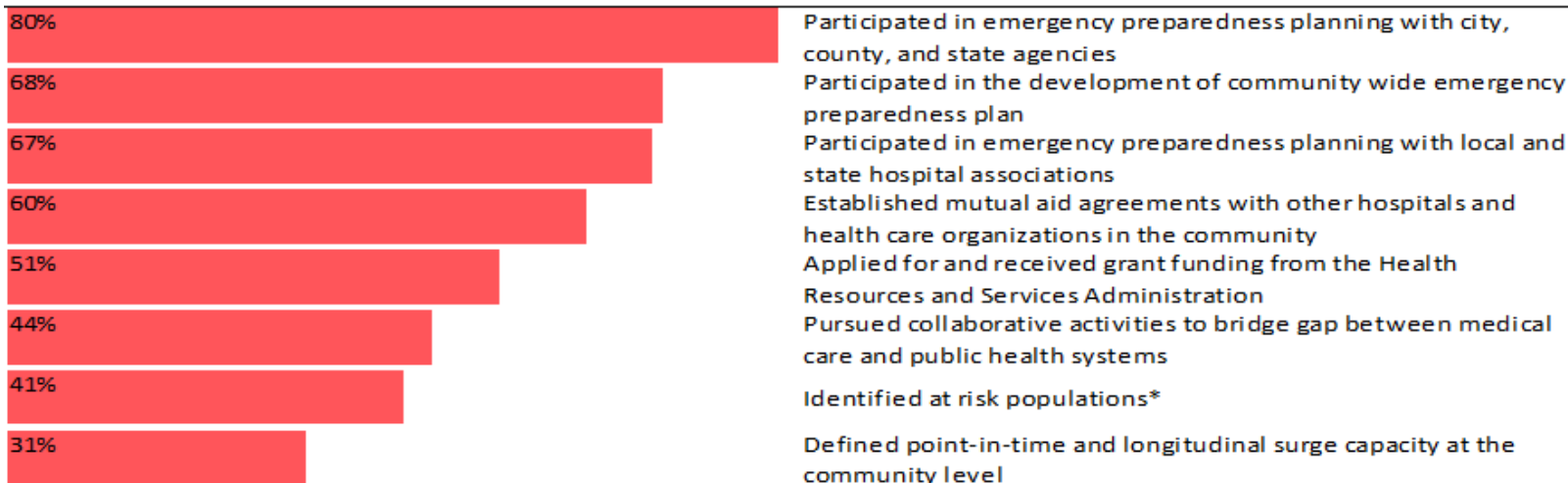
HEALTH FACILITIES MANAGEMENT

Planning for Disaster | Survey Results

July 2014 | Vol 27 Issue 7

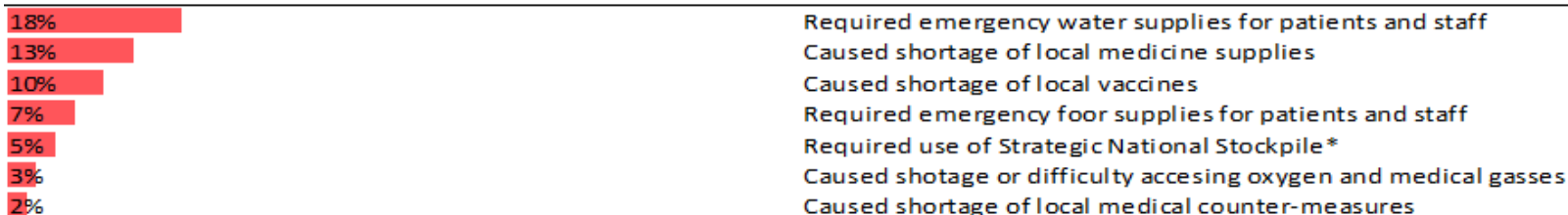
Credits: Rebecca Vesely, Suzanna Hoppszallern

EMERGENCY MANAGEMENT COMMITTEE INITIATIVES



* Identified at-risk populations who may need additional assistance, including those who have disabilities, live in institutionalized settings, are from diverse cultures, have limited English proficiency or are non-English speaking, lack transportation, have chronic medical disorders or have pharmacological dependency

SUPPLY CHAIN REQUIREMENTS DURING A DISASTER/PUBLIC HEALTH EMERGENCY



* A national repository of medical counter-measures, vaccines, and other medical supplies in strategic locations around the nation

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HEALTH FACILITIES MANAGEMENT

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TOP 5 MAJOR CHALLENGES TO EMERGENCY PREPAREDNESS

- 1 Unfunded mandates for emergency preparedness response
- 2 Time limitations
- 3 Competing resources/spending priorities
- 4 Governmental processes/compliance issues
- 5 Staff training in response skills

TOP 10 FEATURES INCORPORATED INTO FACILITIES TO ADDRESS DISASTERS & TERRORISM



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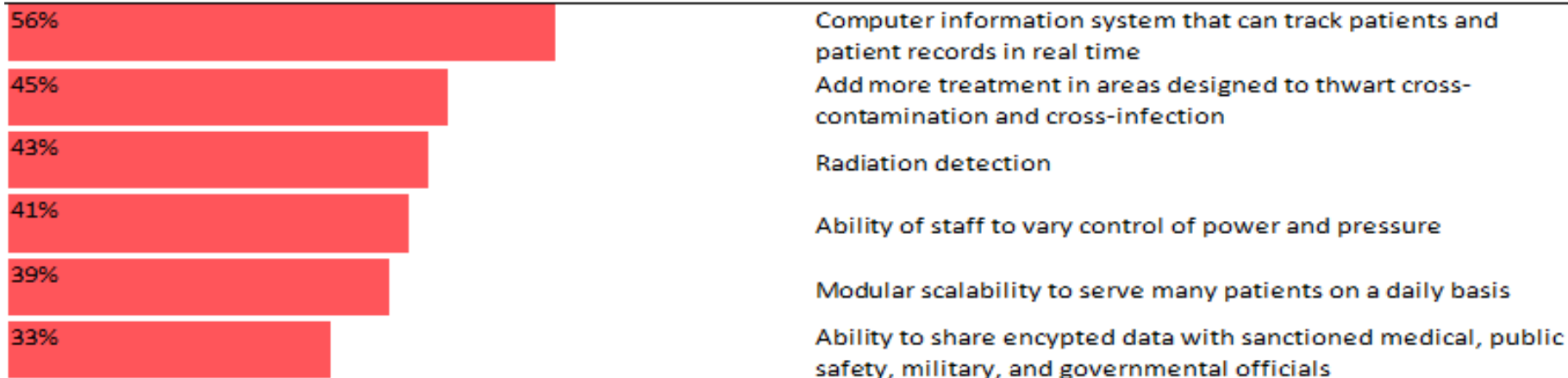
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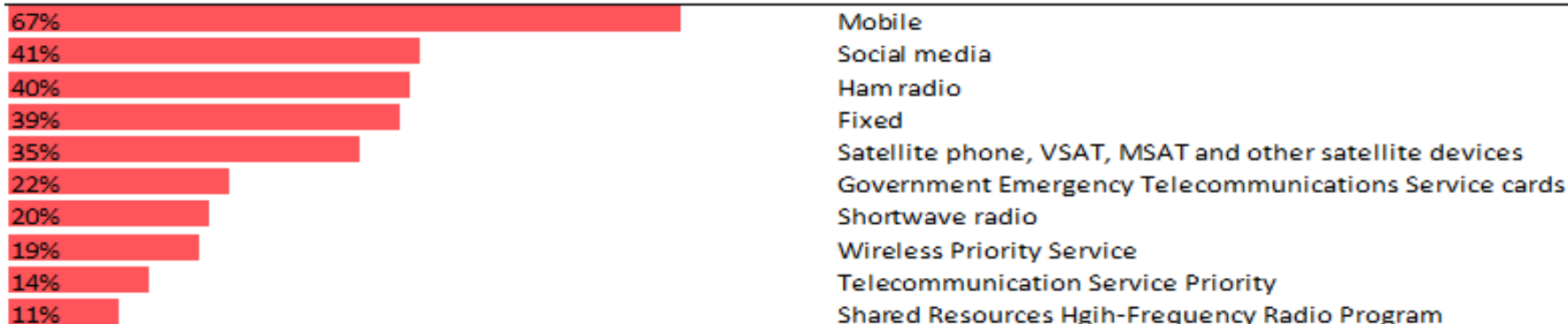
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TOP 6 FEATURES INCORPORATED INTO EMERGENCY DEPARTMENT DESIGN

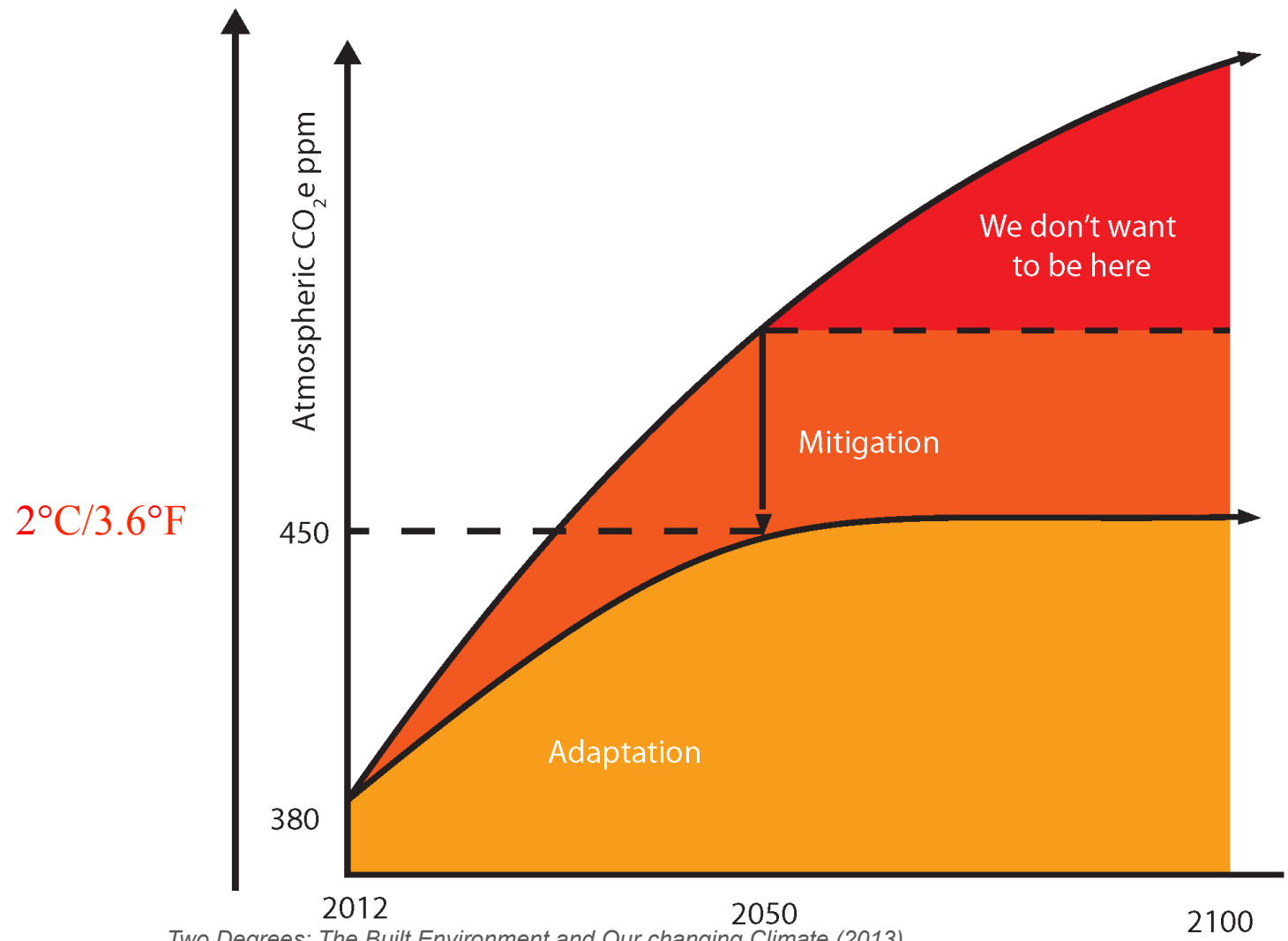


COMMUNICATION EQUIPMENT AND SERVICES USED BY STAFF IN AN EMERGENCY



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“ **We never have 100% certainty.**

**If you wait until you have 100% certainty,
something bad is going to happen
on the battlefield.**

That's something we know.”

— GEN Sullivan

Recognize a problem

Choose to act to remedy or avoid the problem

Act effectively

*Adapted from **Collapse** – How Societies Choose to
Fail or Succeed, Jared Diamond*

How High Will the Sea Rise?

The marker in front of you shows several scenarios for sea level rise above the current Mean High Water mark.



6 m (19 feet, 8 inches): sea level if Greenland Ice Cap melts (if the ice at both poles melted, the ocean would reach the road deck of the Golden Gate Bridge)



2.9 m (9 feet, 6 inches): 100-year flood level with a 1.4 m rise in sea level and a storm surge



1.4 m (4 feet, 7 inches): high end of predicted sea level rise by 2100



1.0 m (3 feet, 3 inches): moderate estimate of predicted sea level rise by 2100 (approximately today's 100-year flood level)



0.5 m (1 foot, 8 inches): low end of predicted sea level rise by 2100



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Image: Heidi Nutters

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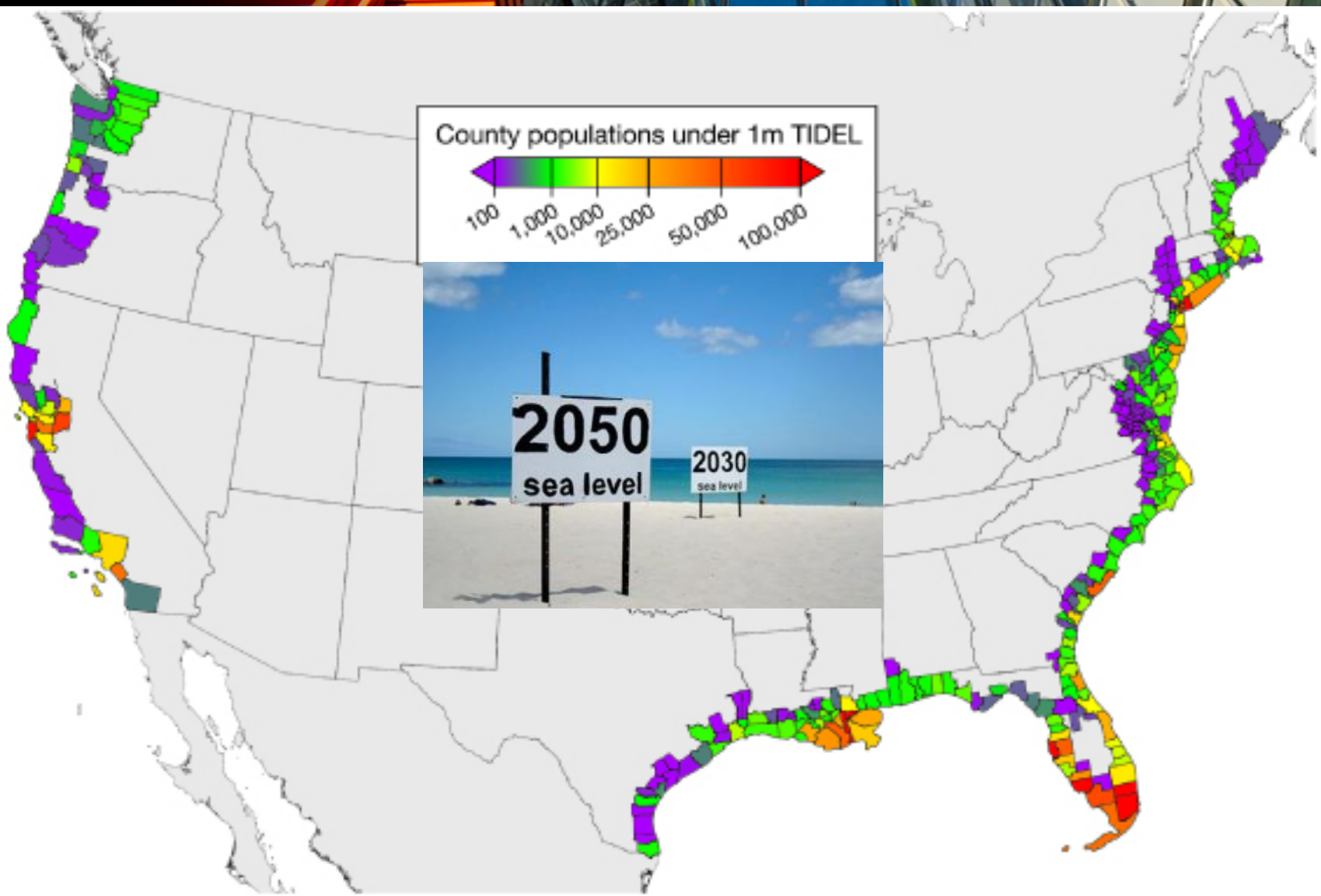
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Image: Sergio Ruiz

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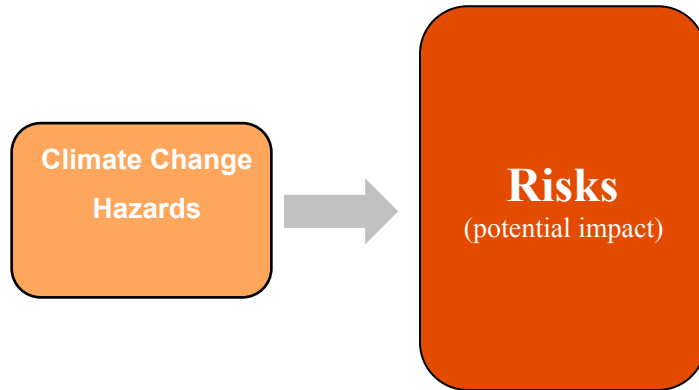
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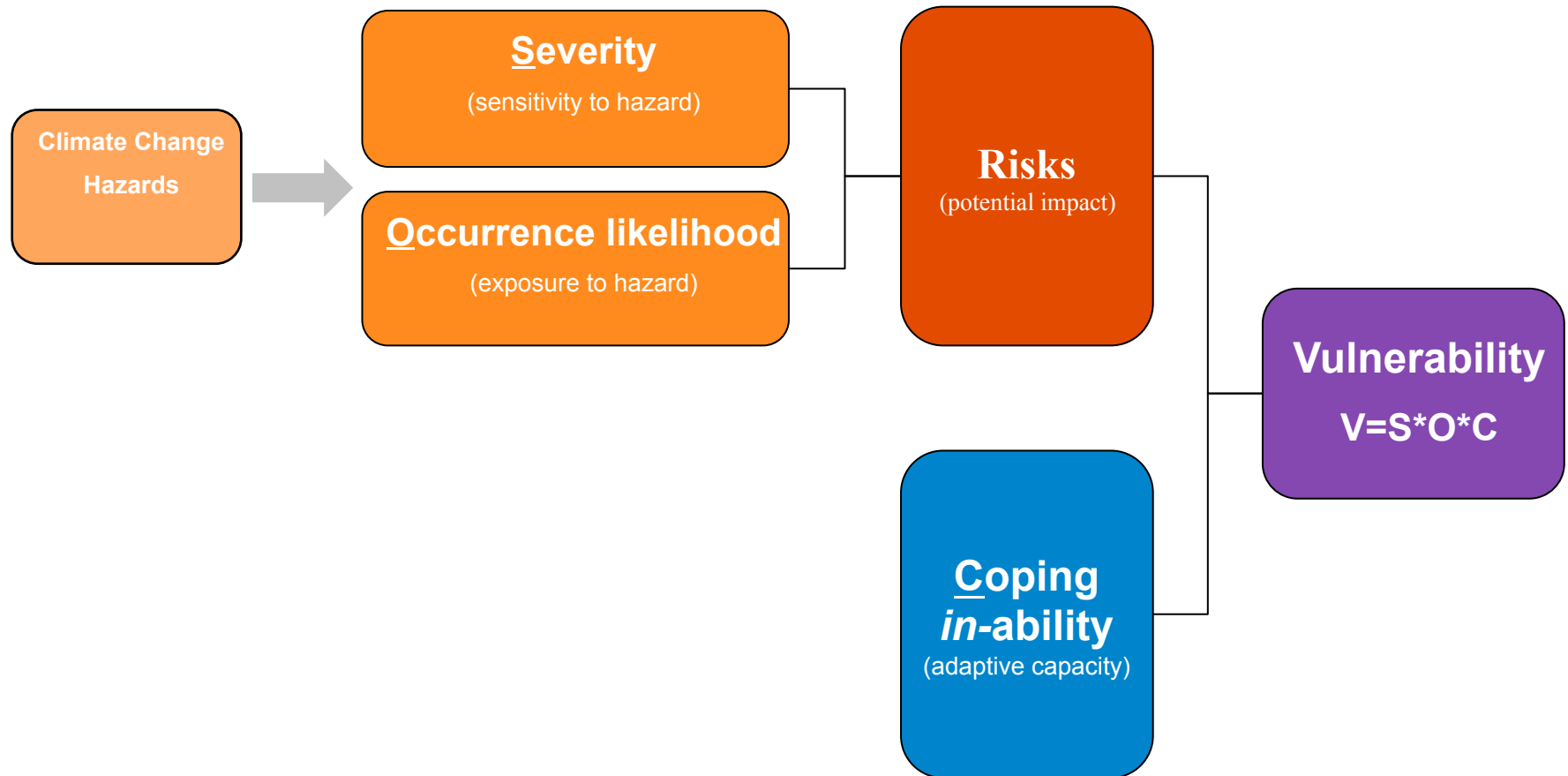
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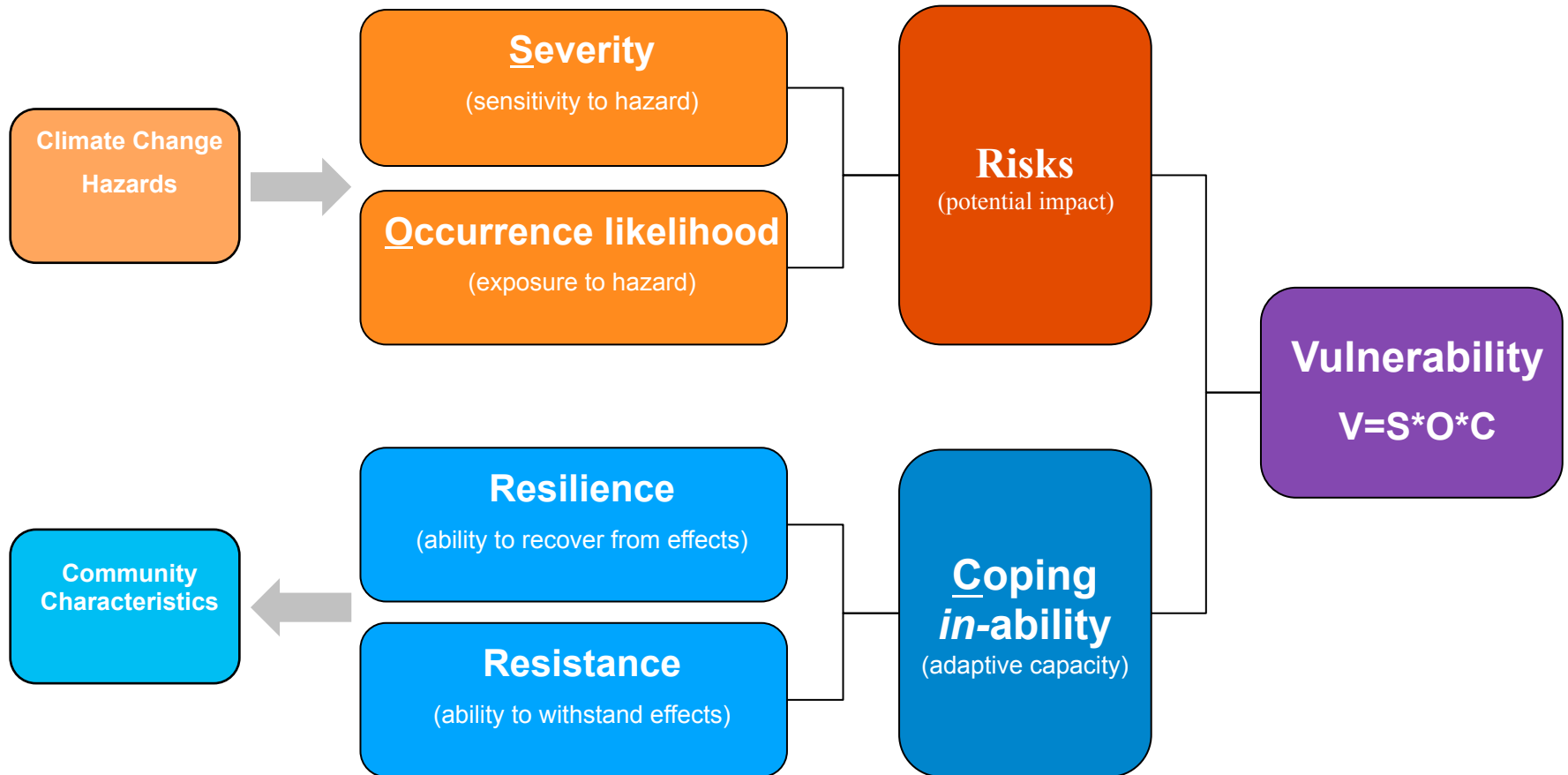
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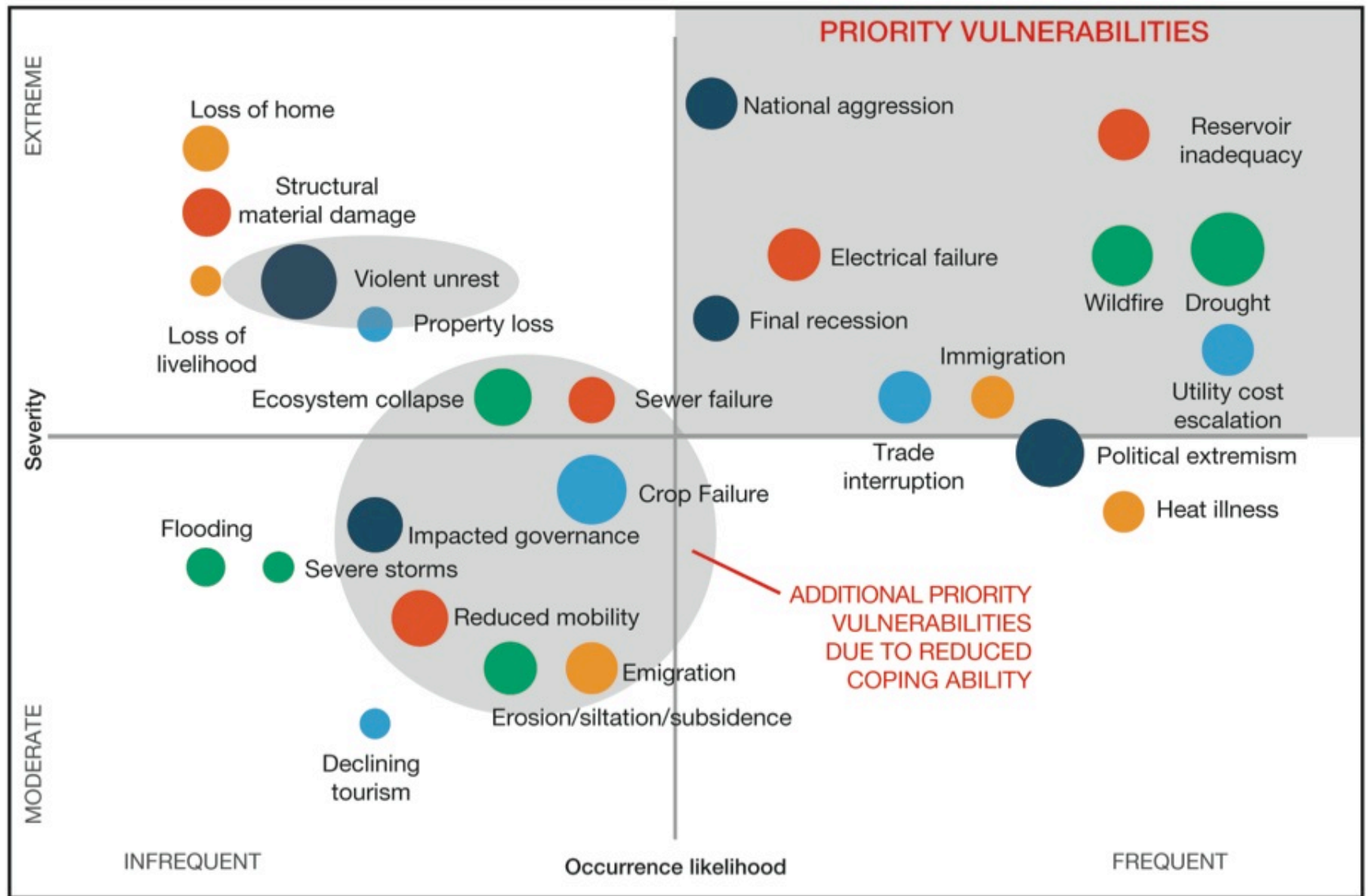
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New Hartford, Iowa



Example HOT AND DRY Community with LOW to MEDIUM UN Human Development Index (HDI)



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Risk Accumulation?



Risk Accumulation

- Bay Area: Elevated Seas + Earthquake+ Levee Breach+ Failed Infrastructure Systems
➔ Economic & Health System Failures
- Los Angeles: High Temperatures+Water Scarcity+Non-resilient Urban Form,
➔ Economic & Health System Failures
- Honolulu: Energy, Water, and Food Import Dependence,
➔ Economic & Health System Failures
- Minneapolis: Retreating Freeze Lines, Monocrops, Wooden Structures,
➔ Economic System Failures

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Risk Accumulation

- Japan
- Louisiana
- New York City
- Inland Europe: Heat Index+ Non-Resilient Buildings + Cultural Norms
➔ 50k dead in 2003

The Case Against “Predict and Prevent”

- **“Design Conditions” and “Likely Scenarios” are based on past conditions**
- **Single System Planning and “mal-adaptation”**
- **Emphasis on constructed interventions**

Principles of Resistance and Resilience



Robust systems are able to withstand the impacts of hazard events without significant damage or loss of function.



Safe Failure systems absorb shocks and the cumulative effects of slow-onset challenges in ways that avoid catastrophic failure if thresholds are exceeded.



Redundant systems have spare or latent capacity (or the ability to manage loads), which can absorb sudden surges in demand or partial loss of supply.



Responsive systems incorporate automated monitoring, short feedback loops and controls at multiple points, enabling transparency of performance and timely adjustment to maintain functionality.

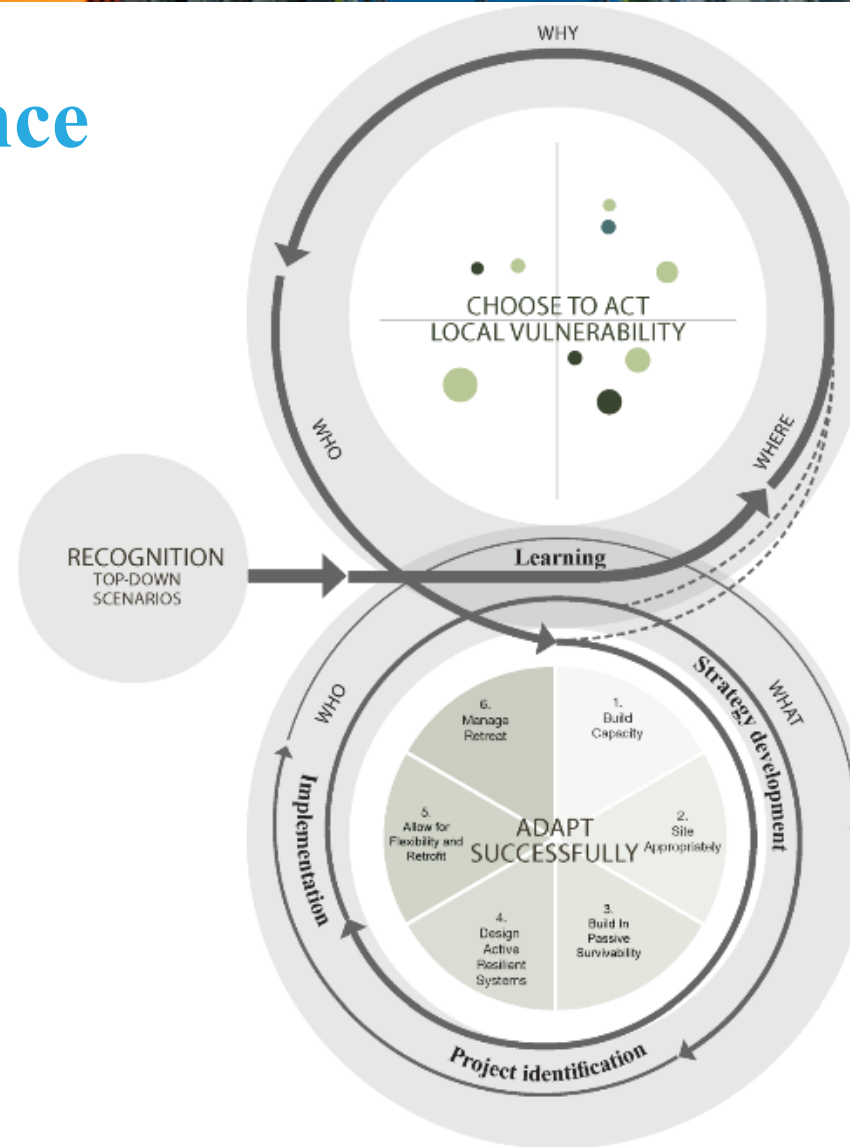


Diverse & Flexible systems provide service via a number of pathways, using distributed resources and multifunctional equipment. If one pathway fails, another can be used to achieve service.



Coordination between systems means that knowledge is shared, planning is collaborative and strategic, and responses are integrated for mutual benefit.

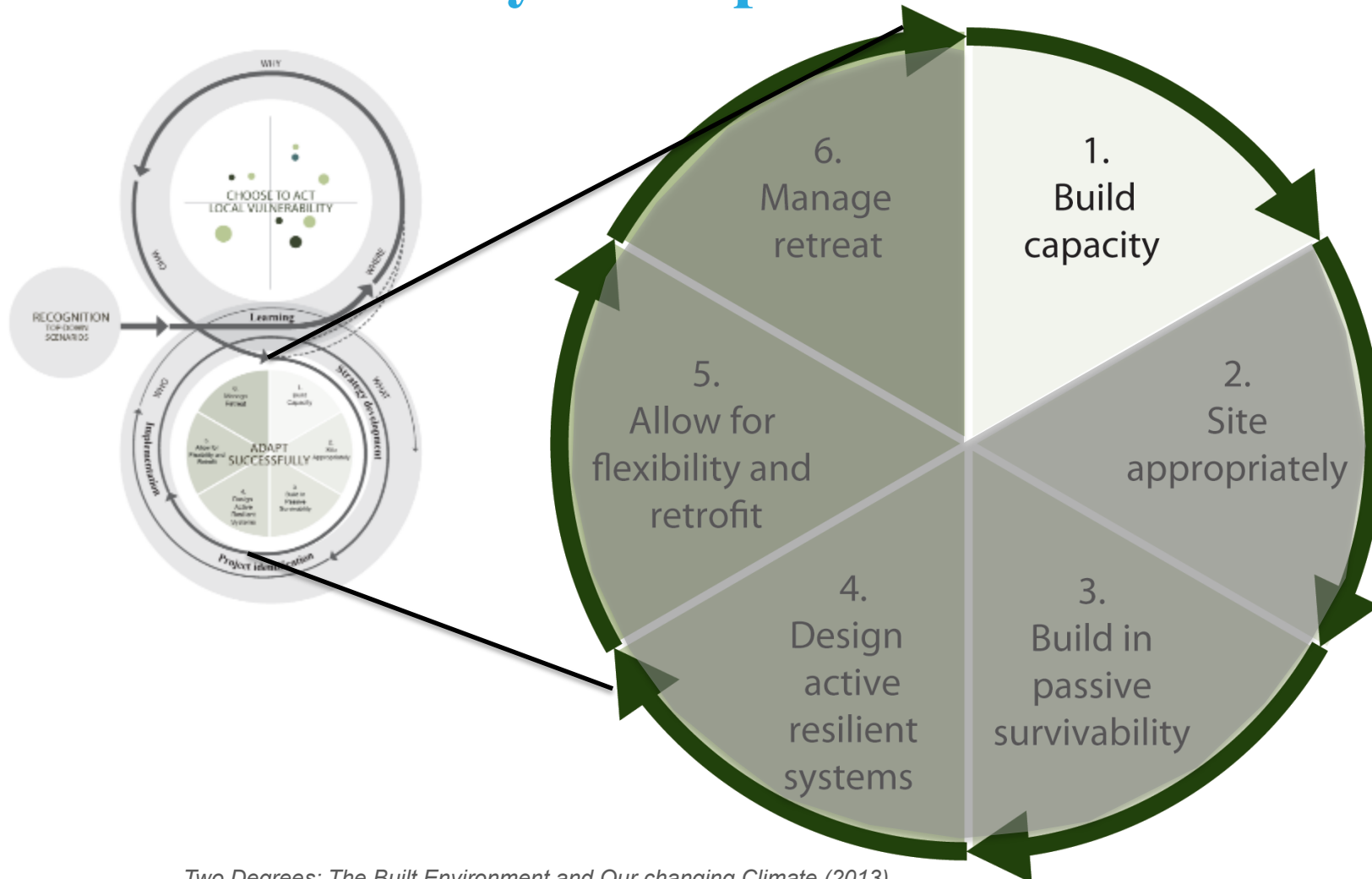
Urban Resilience Framework



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Act Successfully: Comprehensive + Time Based



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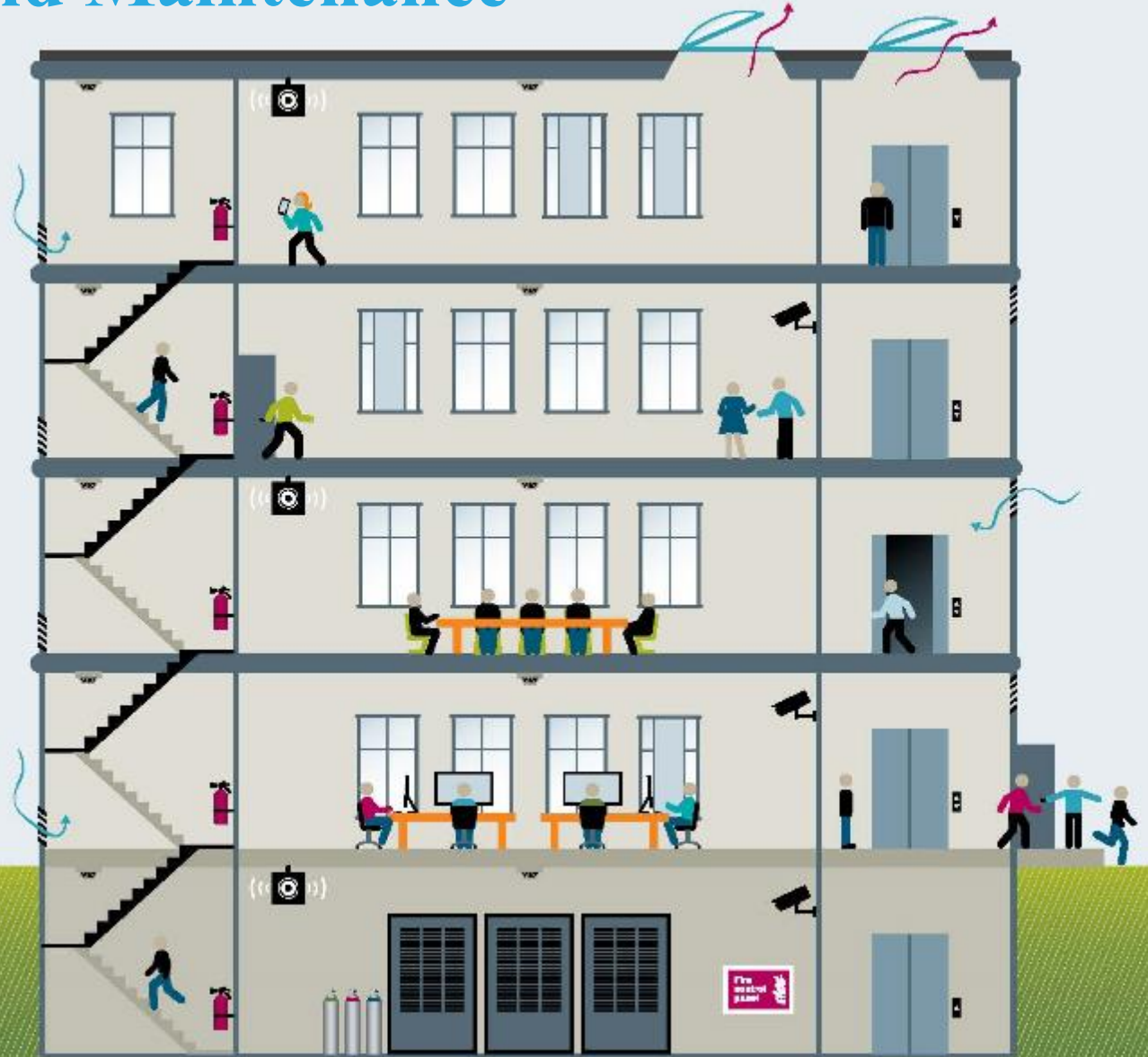
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Katrina – Build Capacity



Operations and Maintenance

Building Systems

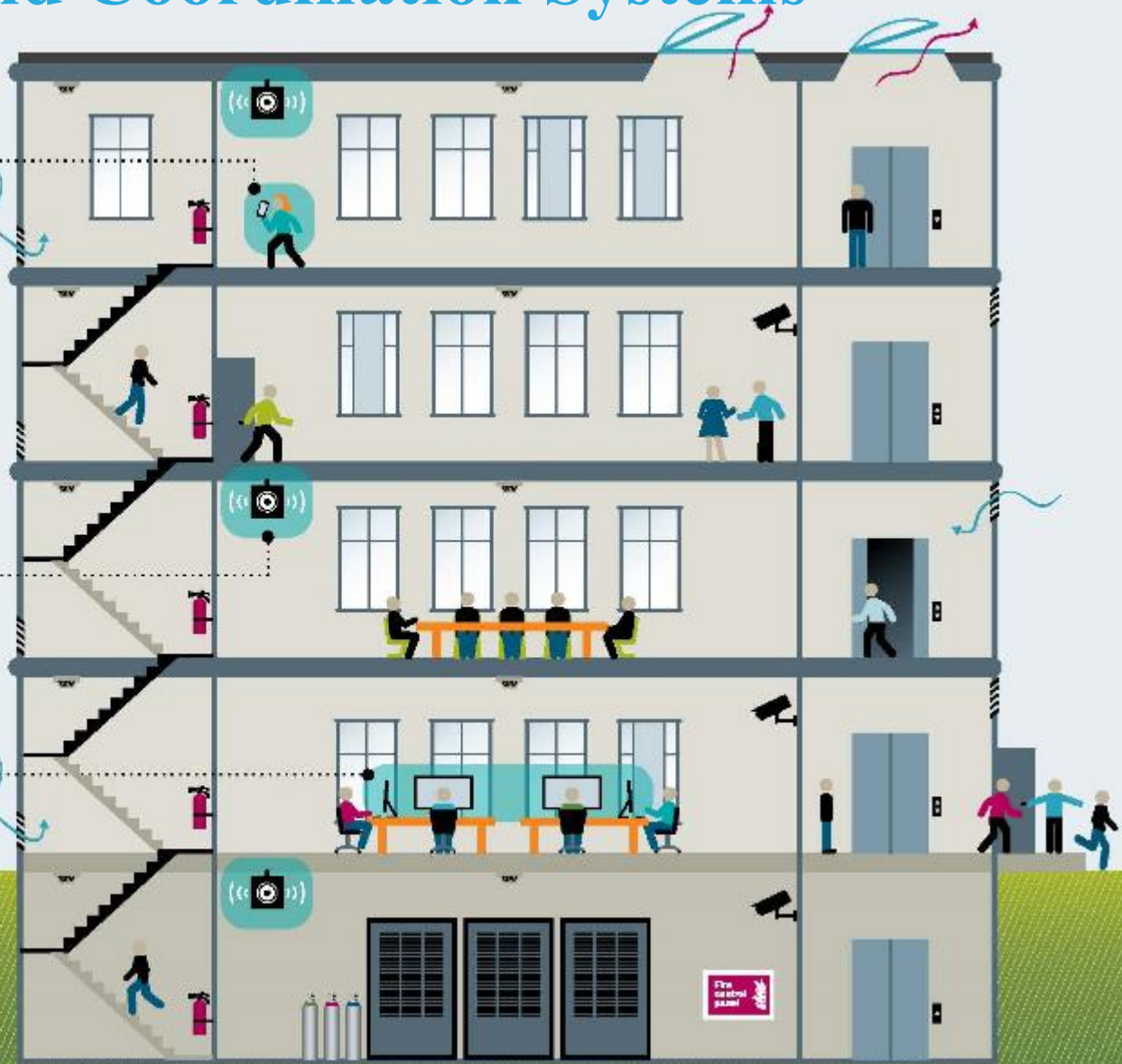


Notification and Coordination Systems

Building Mass Notification Systems coordinate human reactions to hazards



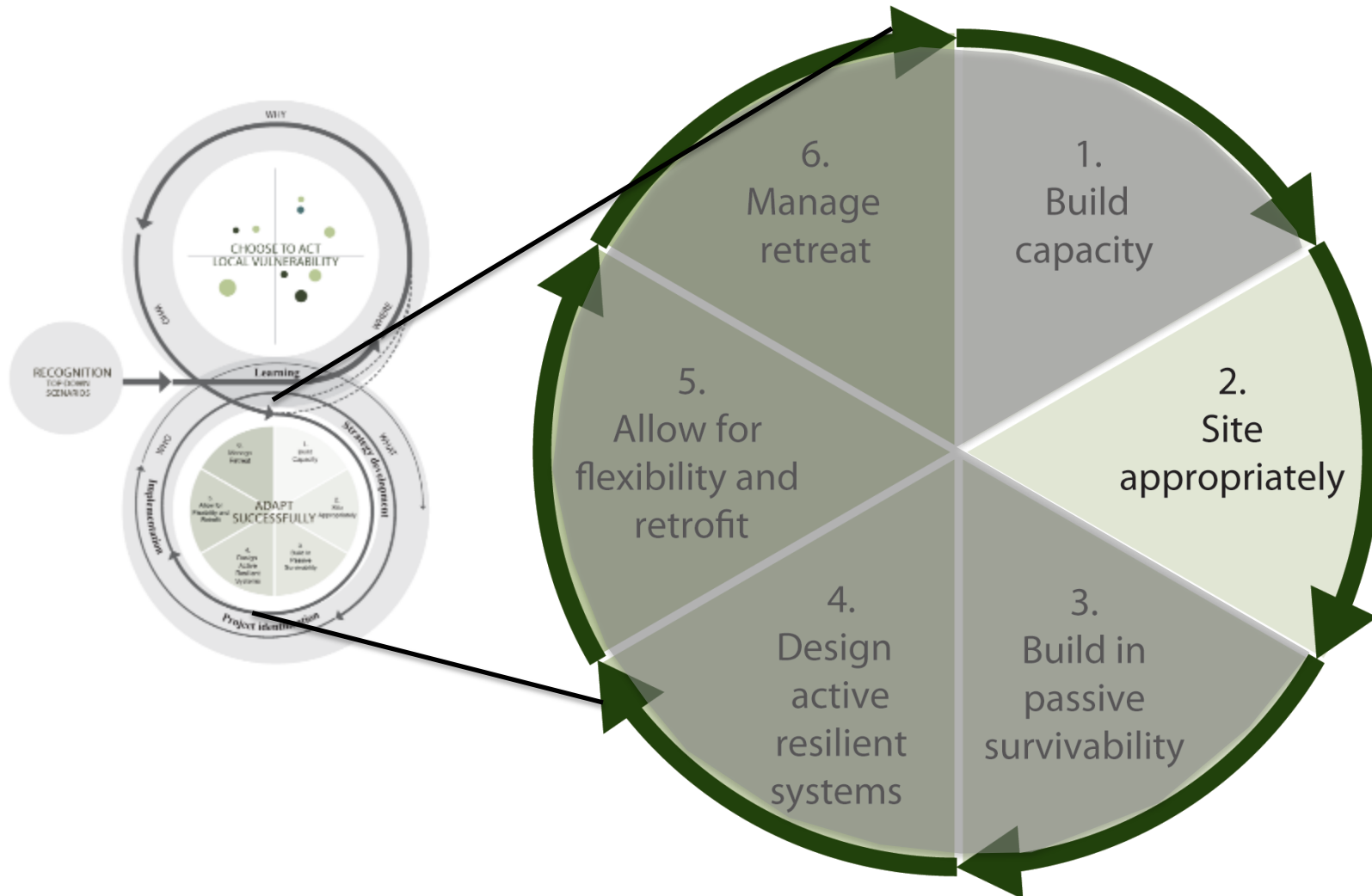
Mass Notification Systems (MNS) deliver targeted messages to advise building occupants during a crisis. Messages are disseminated through multiple redundant channels, including voice systems, LED signage and local area networks. The system can contact people en masse inside and outside of the building, and directly via personal devices such as cell phones. Systems inform occupants about what action they should take, therefore coordinating movement to facilitate safe and efficient response. At Medicine Hat College in Alberta, Canada, the MNS comprises 192 strategically zoned indoor speakers, together with four giant voice speakers outside. There are connections to response team cell phones, employee PCs, and two command-and-control centers. The system was designed around the College's existing Emergency Response Plan, and allows targeted alerts via a user friendly digital interface. Typical risk scenarios are pre-recorded to allow easy activation and effective messaging during a crisis.²⁰



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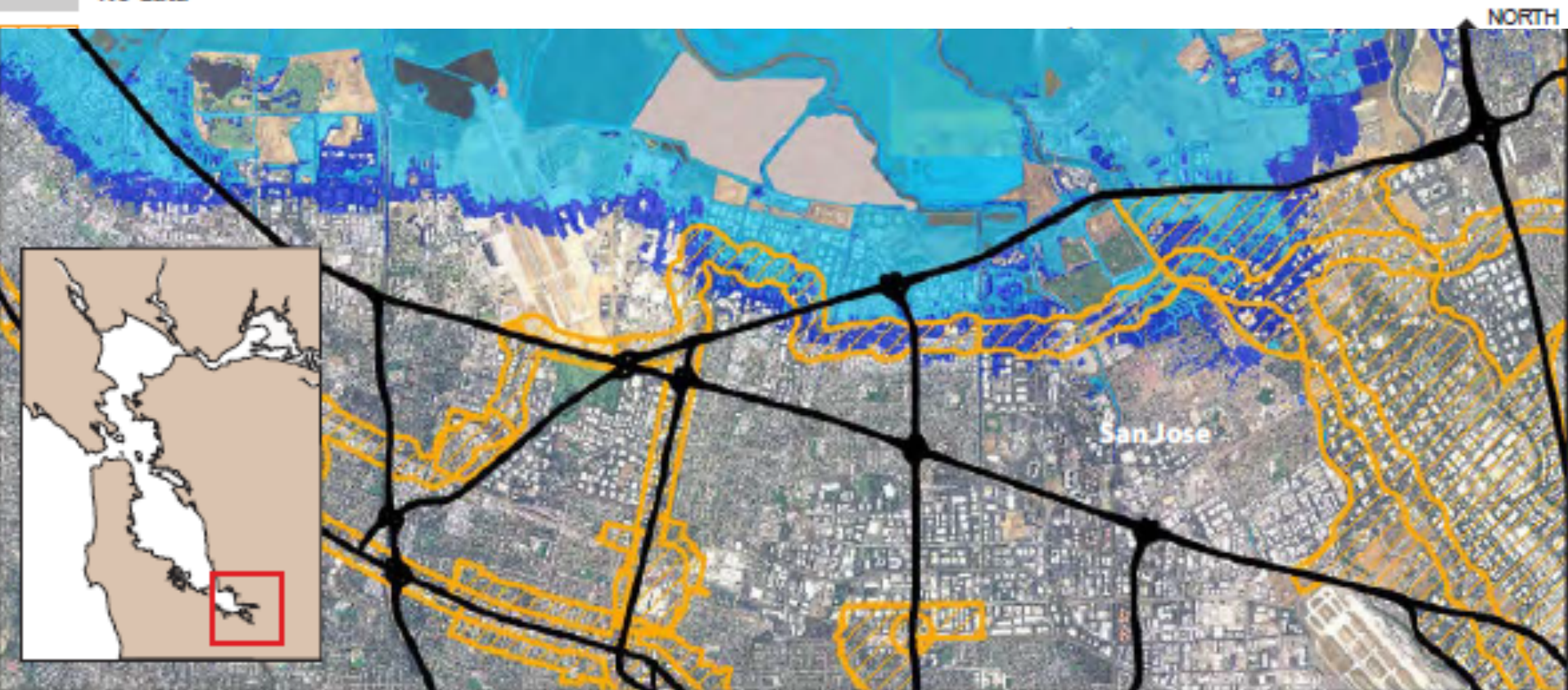
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Site Appropriately – Priority Dev. Areas

- Area potentially exposed to an approximate 16-inch sea level rise
- Area potentially exposed to an approximate 55-inch sea level rise
- No data

South Bay
Priority Development Areas
Potentially Exposed to Sea Level Rise



Sea level rise data provided by:



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Synergies – Cheonggyecheon Stream



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Synergies – Heat Island Reduction



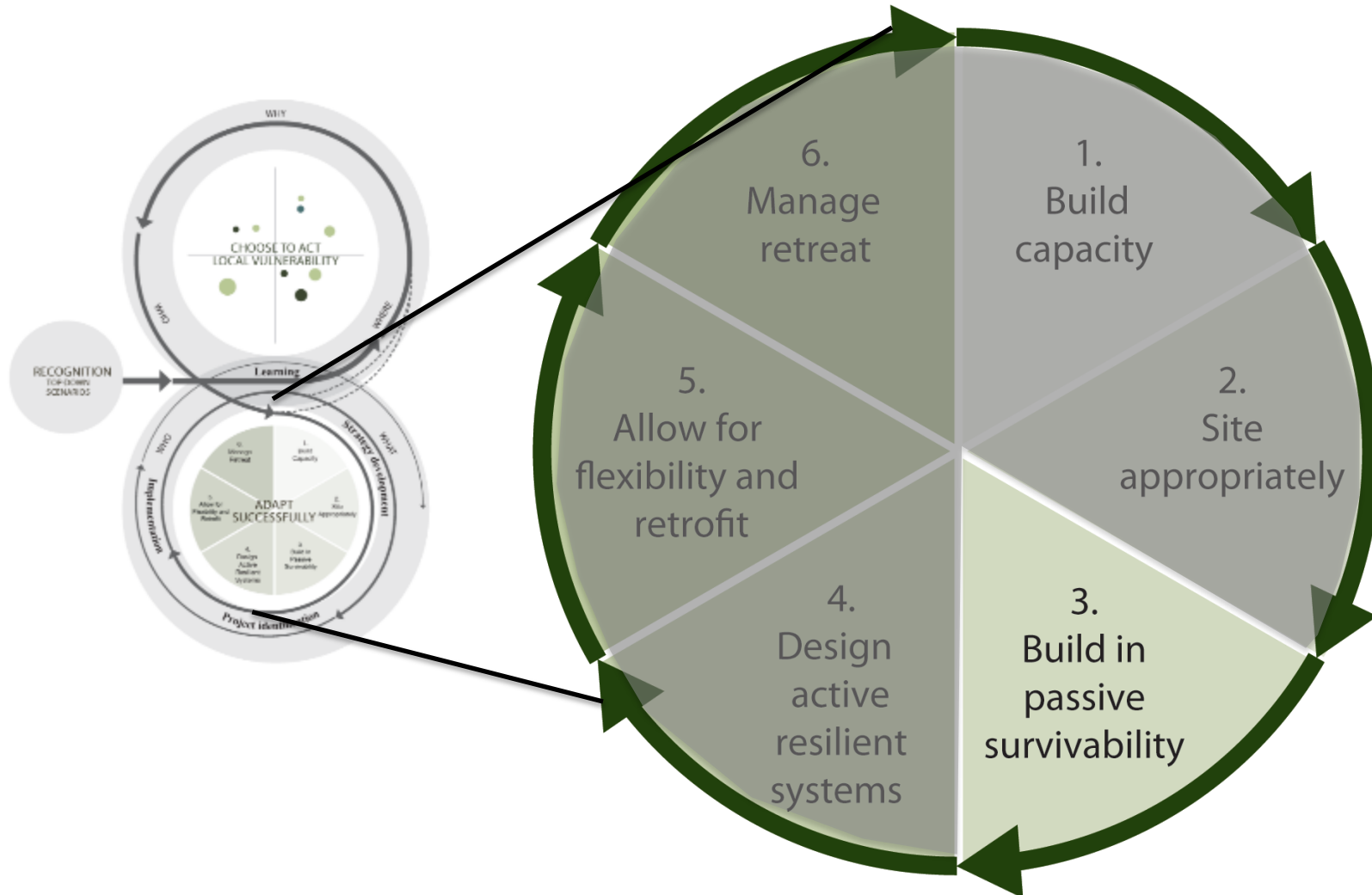
Baton Rouge Urban heat Island

“ The bright red areas in this image are about 65 deg. C (149 deg. F); dark green and blue areas are around 25 deg. C (77 deg. F). The solid blue swatch of color flowing down the left side is the Mississippi River.

http://science.nasa.gov/science-news/science-at-nasa/1998/essd20nov98_1/

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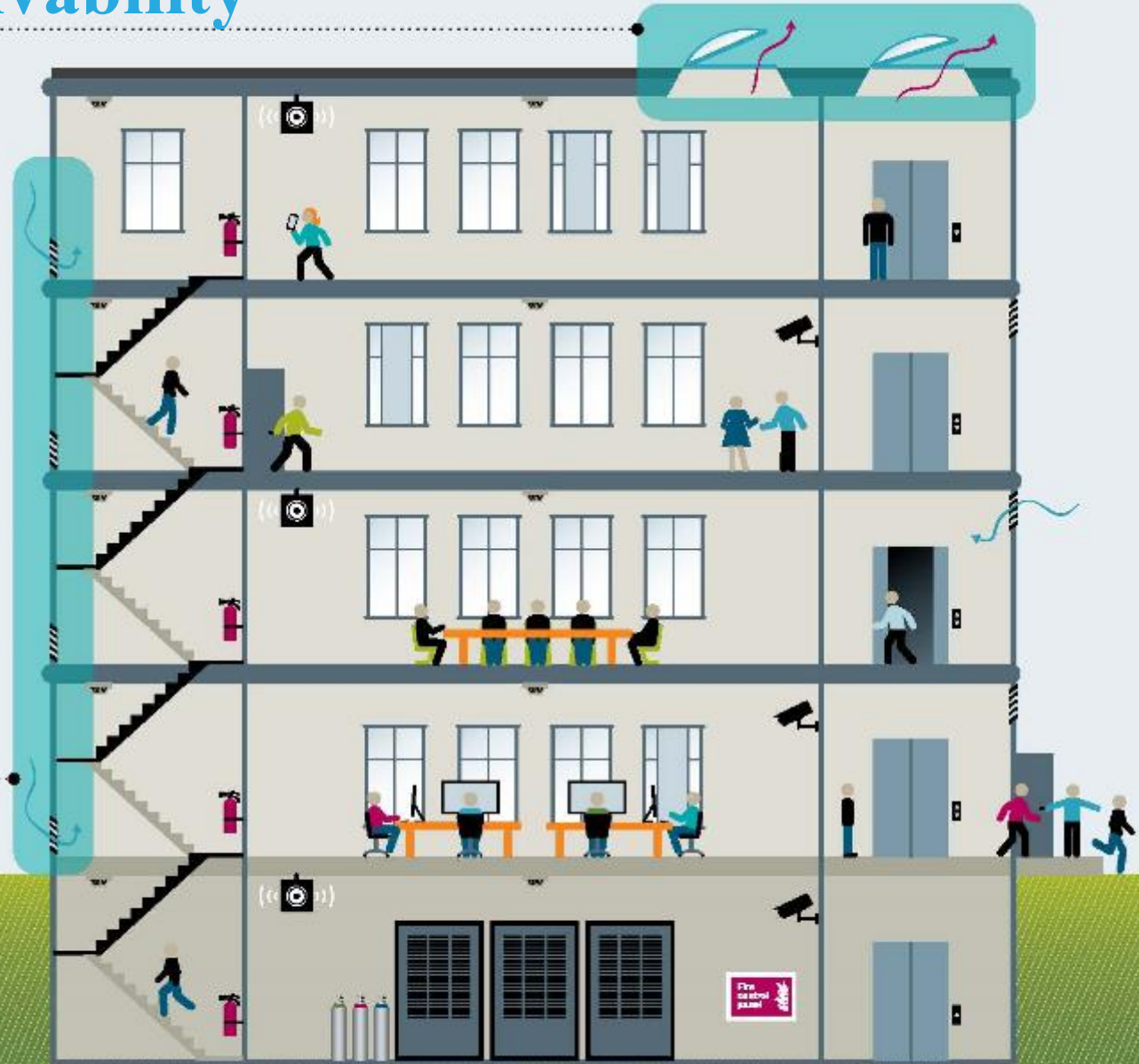


Passive Survivability

Responsive building management systems maintain occupant health and comfort



Building Management Systems can be calibrated to work in response to local microclimates and maintain occupant comfort. The California Academy of Sciences in San Francisco takes advantage of natural air currents in the surrounding Golden Gate Park to regulate the indoor temperature. Windows and skylights are designed to open and close automatically, controlled by an automated ventilation system. As heat rises through the building during the day, the skylights will open to allow hot air out from the top of the building, while louvers below draw in cool air at the lower floors. This provides an energy efficient and cooling flow of air during hot weather that can operate independently without the need for conventional energy intensive air conditioning systems and chemical coolants.



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Y2E2 Building – Passive Survivability



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Human Behavior Modeling

3D simulation of human behavior enables advanced evacuation planning



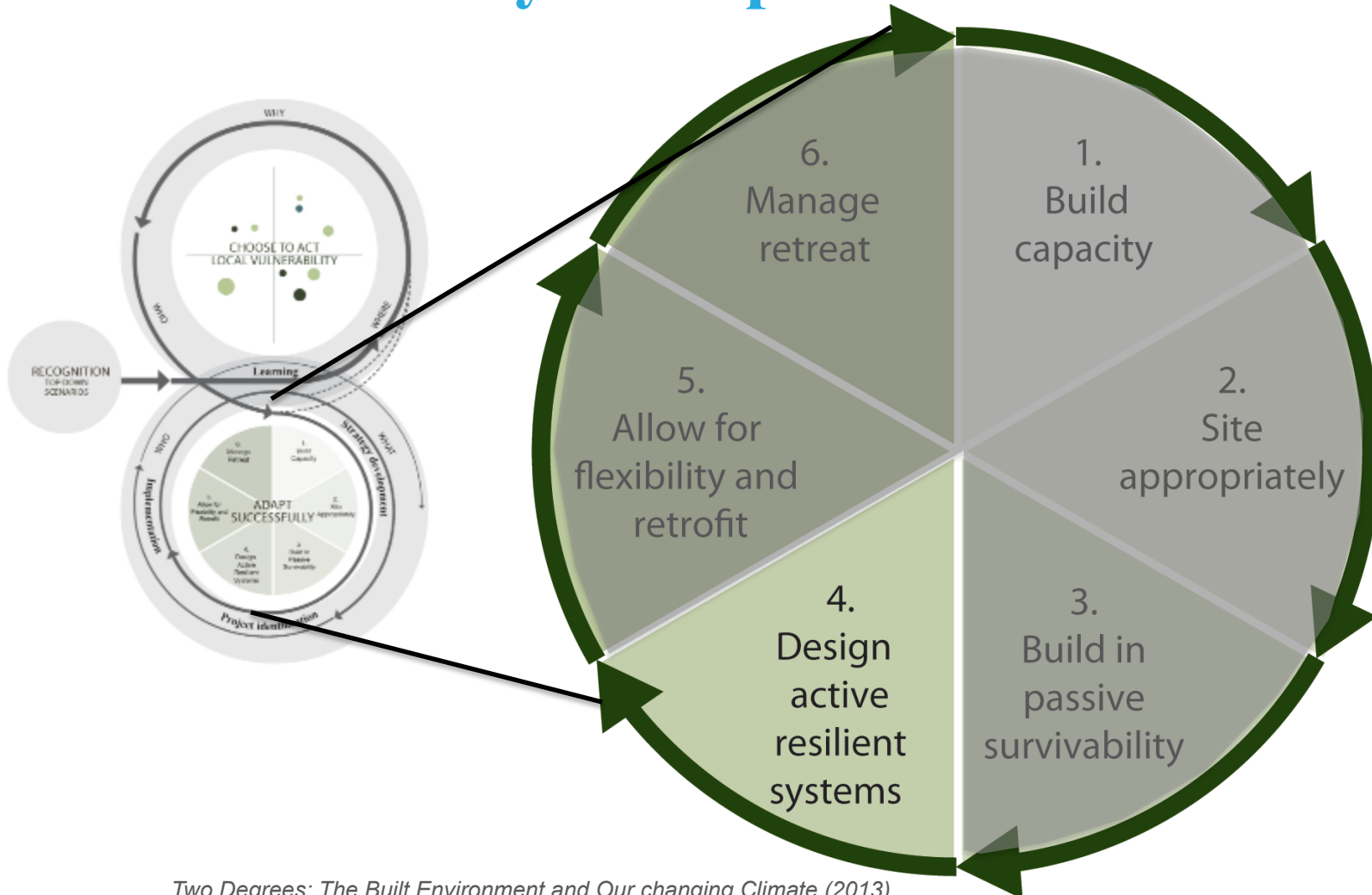
The behavior of building occupants during an emergency can be modeled prior to an event, using advanced 3D simulation software. The software enables movement through a building or space to be forecast up to ten times faster than real time with relative accuracy, including places where blockages may occur. Using this information, evacuation strategies may be planned and communicated to building users to ensure a rapid flow of people to safety. This tool improves human preparedness, coordination and response. With a faster than real time reaction, this technology also helps to gain valuable time in a situation where every second counts. The approach has been implemented with a number of high rise buildings, including 1 Canada Square at Canary Wharf, which until 2012 was the tallest building in London. The software can even model people flows at the city block level, thereby assisting evacuation far beyond the walls of a single building.



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Act Successfully: Comprehensive + Time Based

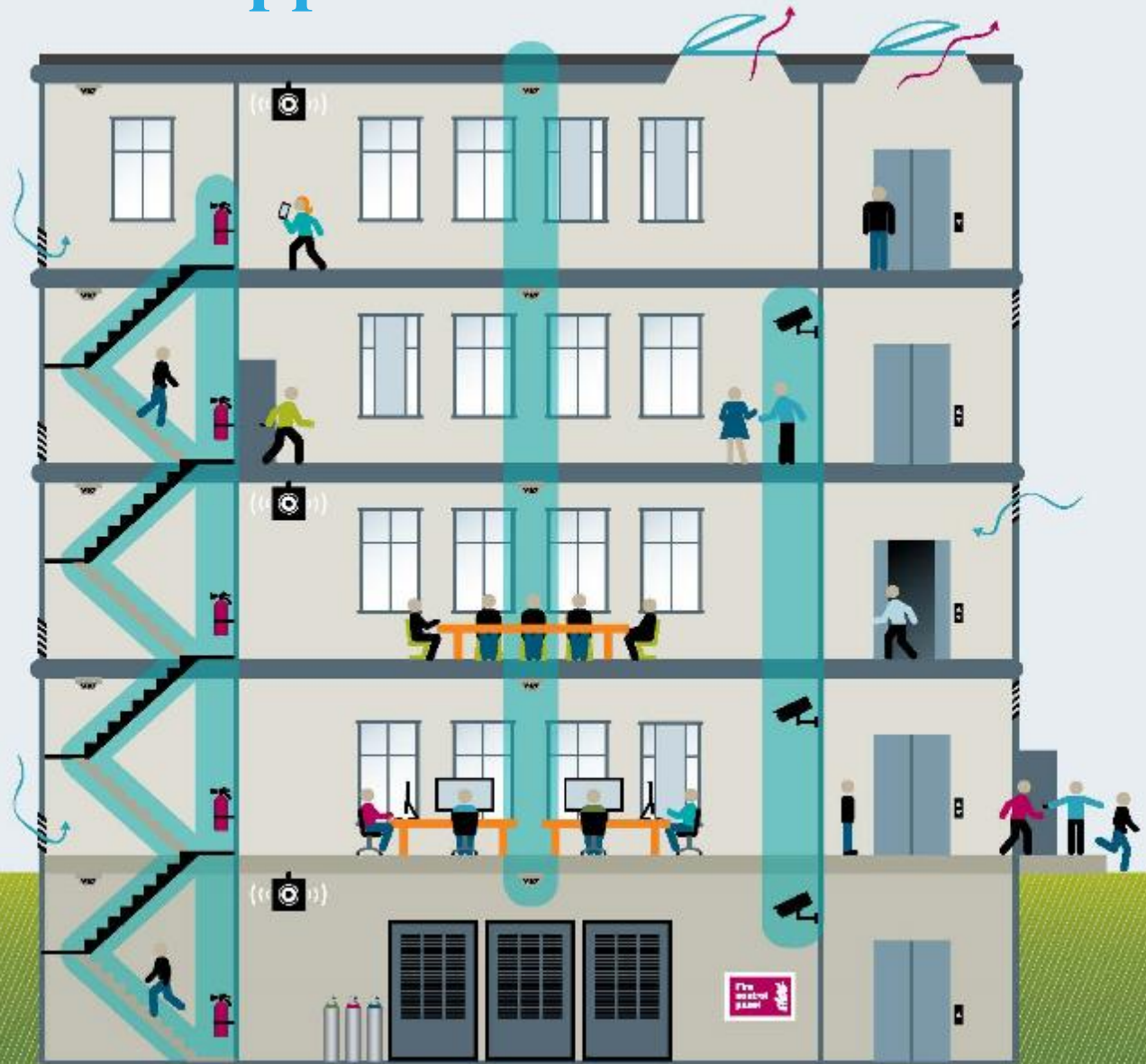


Fire Isolation and Suppression

Sophisticated fire safety systems enable rapid isolation of incidents and evacuation of occupants



Taipei 101, a 101 story tower in Taiwan, sees 40,000 people pass through its doors each day. Fire prevention and emergency reaction plans have been paramount since the start of construction in 2000. The building houses very early warning fire detection systems, smoke detection and expulsion systems and automated fire extinguishing systems, which are coordinated via a central disaster prevention center. Infrared detectors and cameras are installed to detect fire anywhere in the building. Taipei 101 is also equipped with state-of-the-art emergency elevators that travel from ground level to the 90th floor in 50 seconds, allowing emergency personnel to reach a disaster in the fastest possible time. Air pressure in the emergency staircases is automatically controlled to minimize smoke intrusion, allowing people to evacuate from lower levels. 22 emergency shelters are distributed throughout the building to provide temporary shelter for escaping personnel. These advanced emergency systems offer a 'layered' approach to fire safety and ensure rapid response in the event of a disaster. A similar approach has been employed at London's iconic new skyscraper, The Shard, which now stands as the tallest building in Western Europe.²¹



Critical Systems Management

Holistic system design
secures information flows
and communications



The Safe Host SA data center in Geneva, Switzerland, incorporates a range of data center infrastructure services that promote service reliability and data security. Built-in solutions protect against power supply interruptions, security and fire safety threats, and ensure that servers operate at the correct temperature to protect customer data from changes in environmental conditions. Features of the data center include a central management system, over 800 smoke detectors, fire control panels, nitrogen based extinguishing solutions and video surveillance at all major entrances.



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Step 4 - Active Resiliency

Before

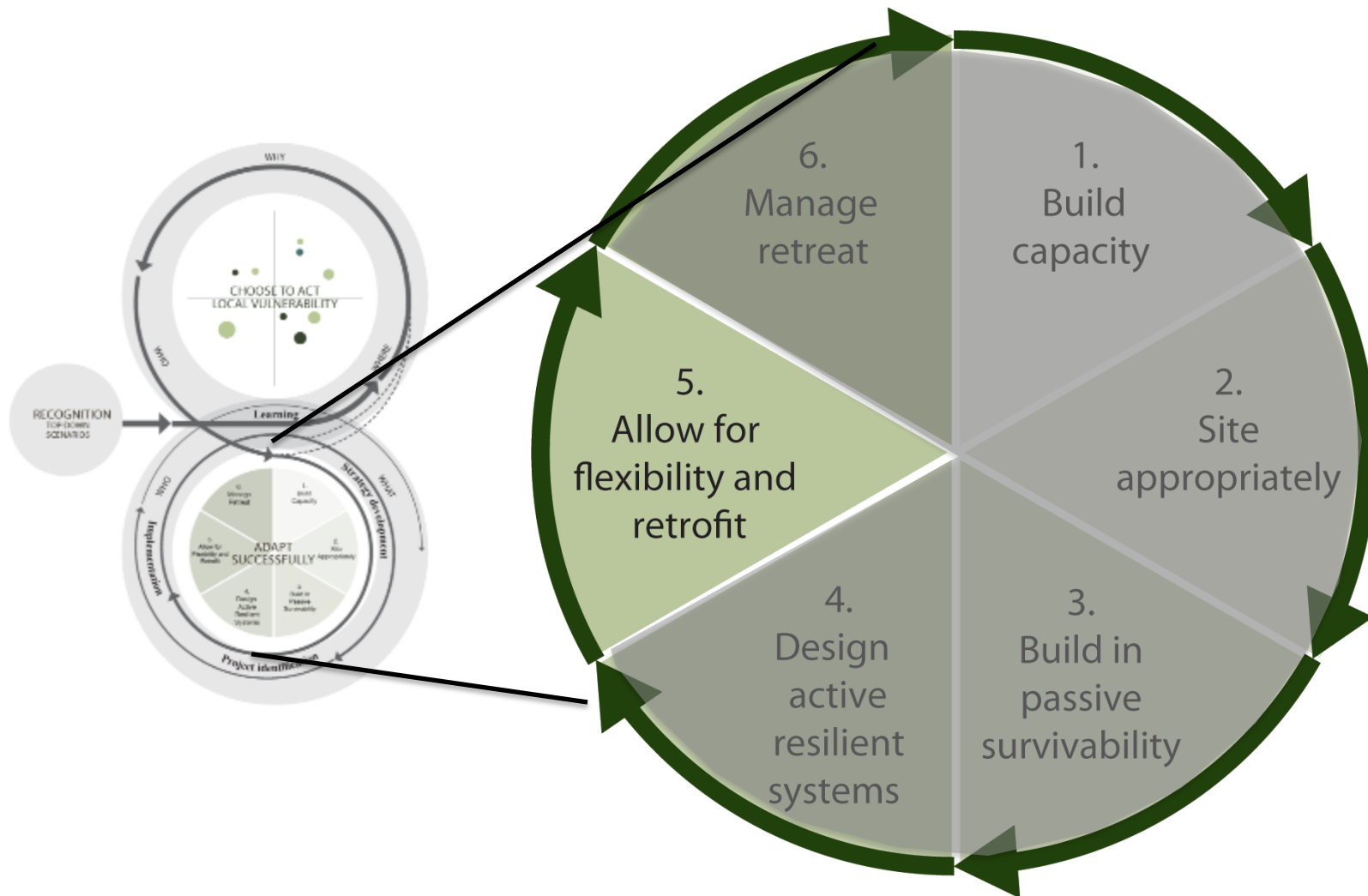


After



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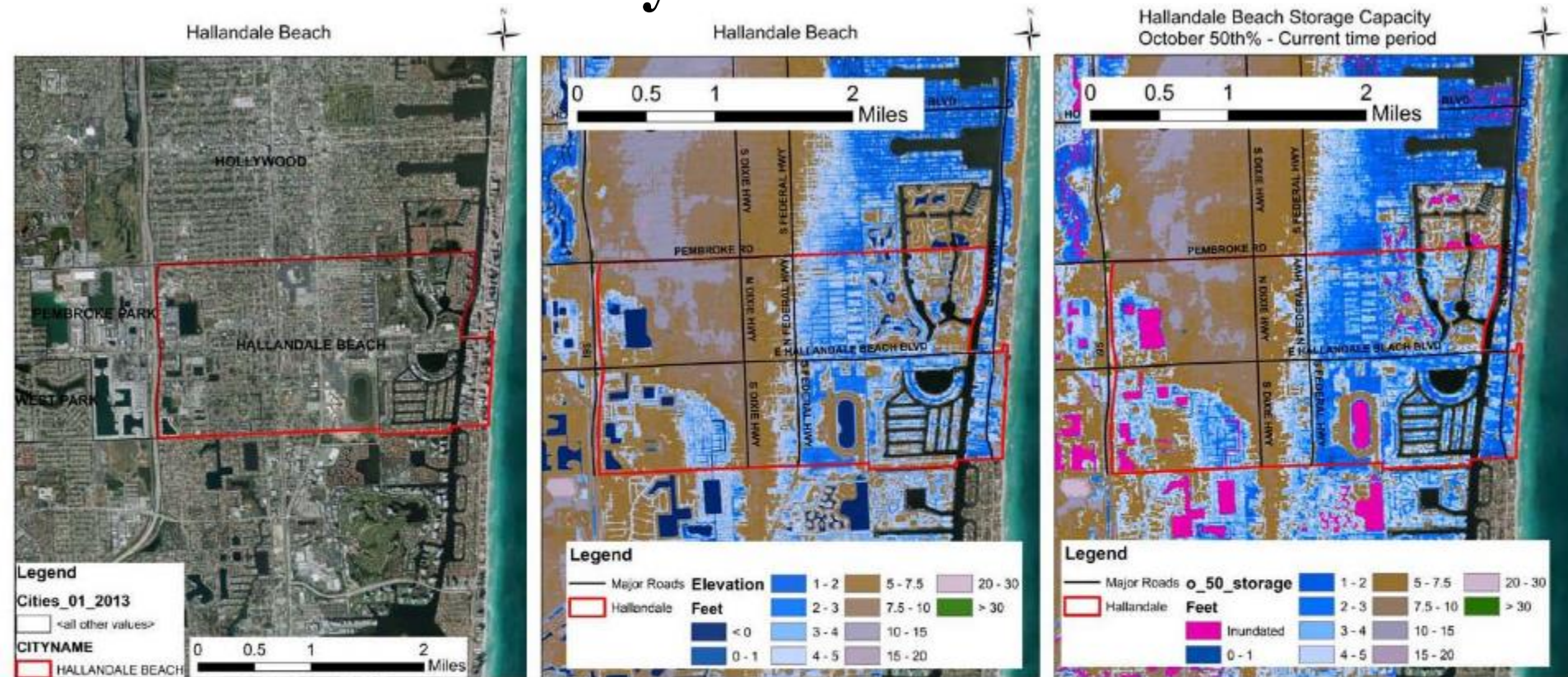
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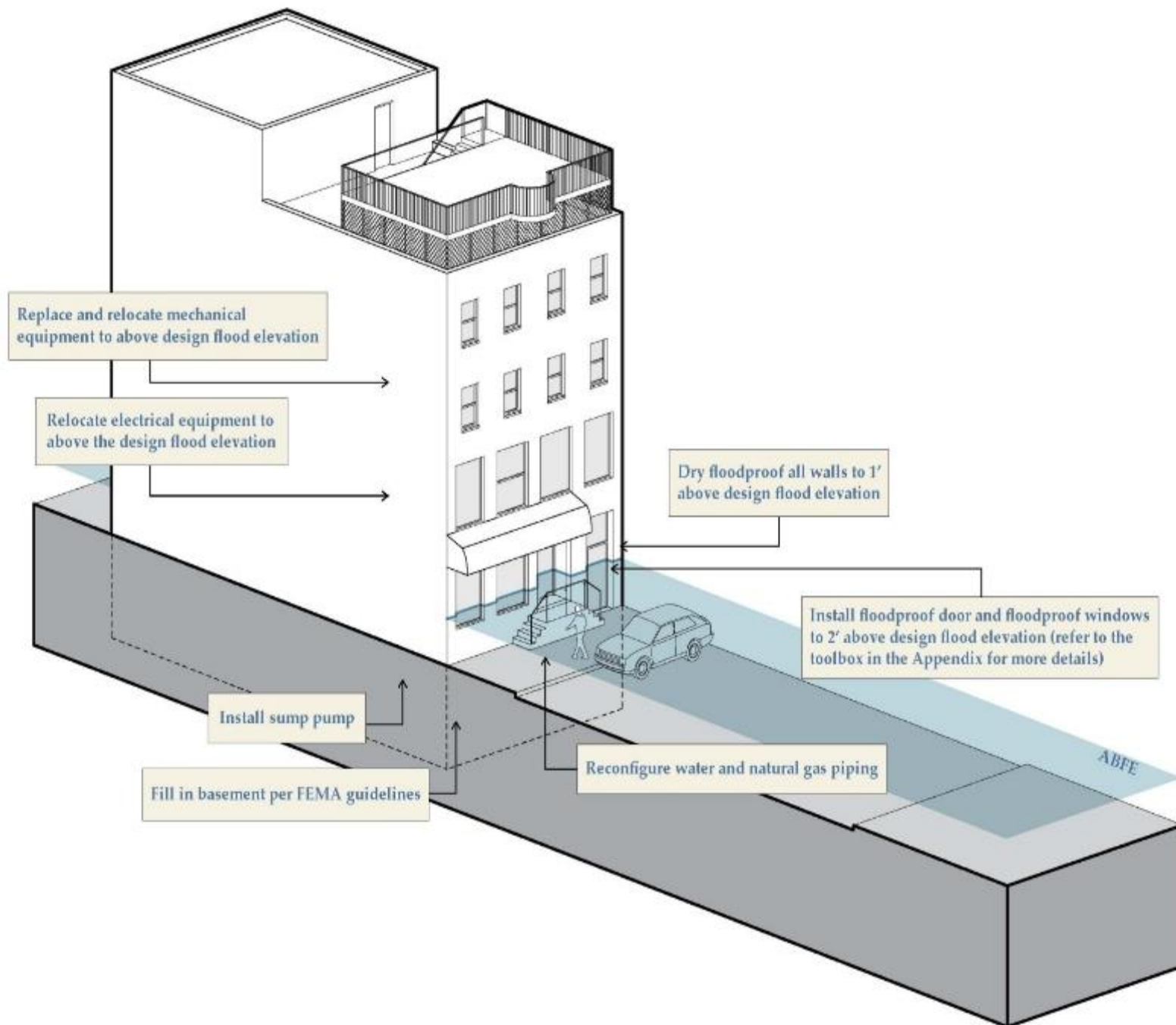
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Allow for Flexibility & Retrofit - Florida



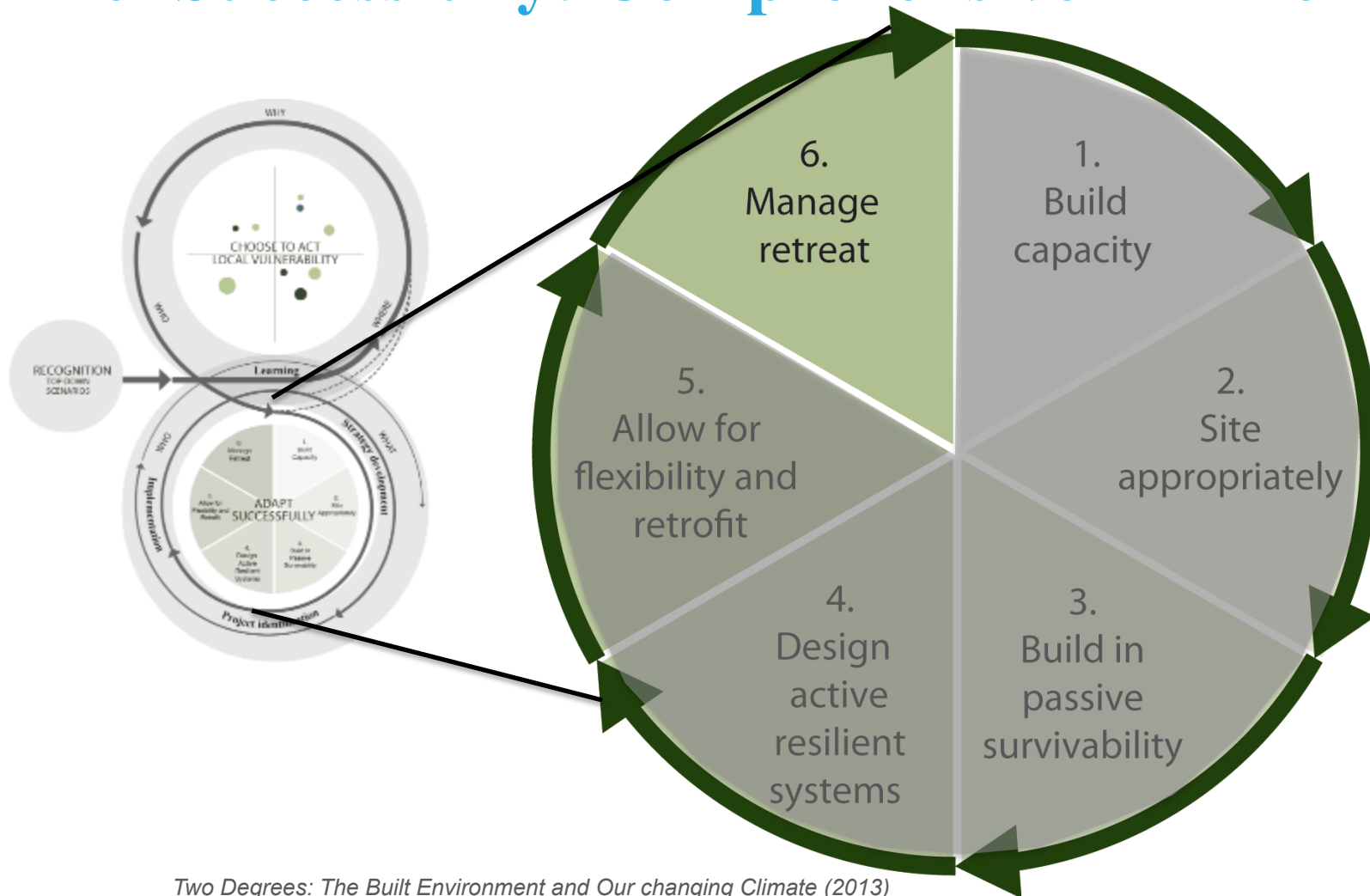
One of the major issues involved with climate changes is sea level rise. Florida has experienced 9 inches of sea level rise since 1900. Projections are 2-3 feet by 2100, perhaps more. Modeling done by my students and I at FAU has demonstrated that in low lying areas, sea level rise will also impact groundwater levels, and accelerate inland flooding. The graphs above compare the traditional bathtub model used by most investigators and our model adjusted for groundwater level. We added inland areas of flooding which complicated storm water flooding issues much faster than sea level rise might indicate.



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Sandy – Active (& Passive) Resettlement

The saddest story of the hurricane occurred on Father Capodanno Boulevard, when a mother got out of her stalled S.U.V. and took her two young sons from their car seats and tried to reach high ground and the waves swept the children away. They were Brendan Moore, two, and Connor Moore, four. If there were a typographic equivalent of a moment of silence, I would put it here.

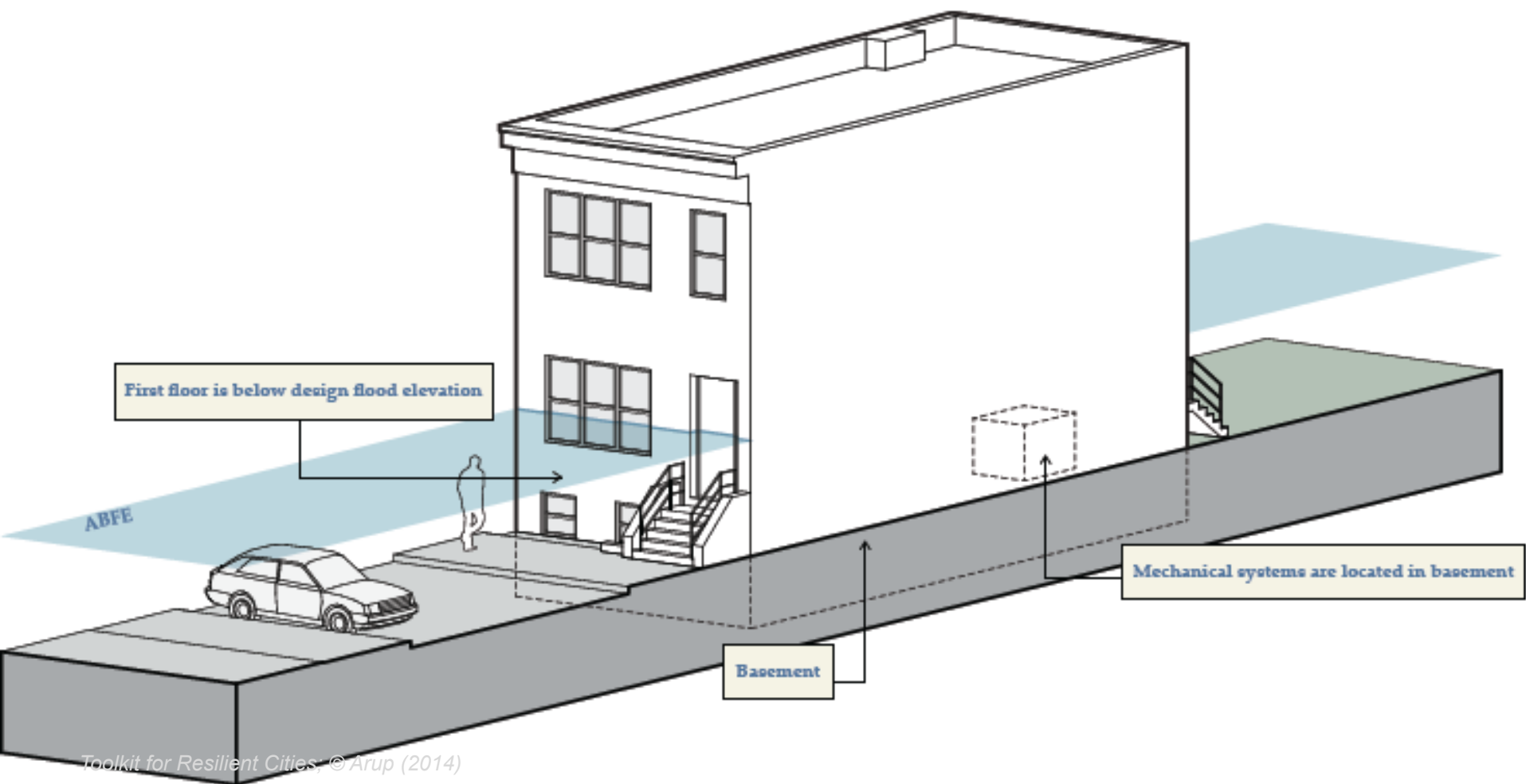
IAN FRAZIER



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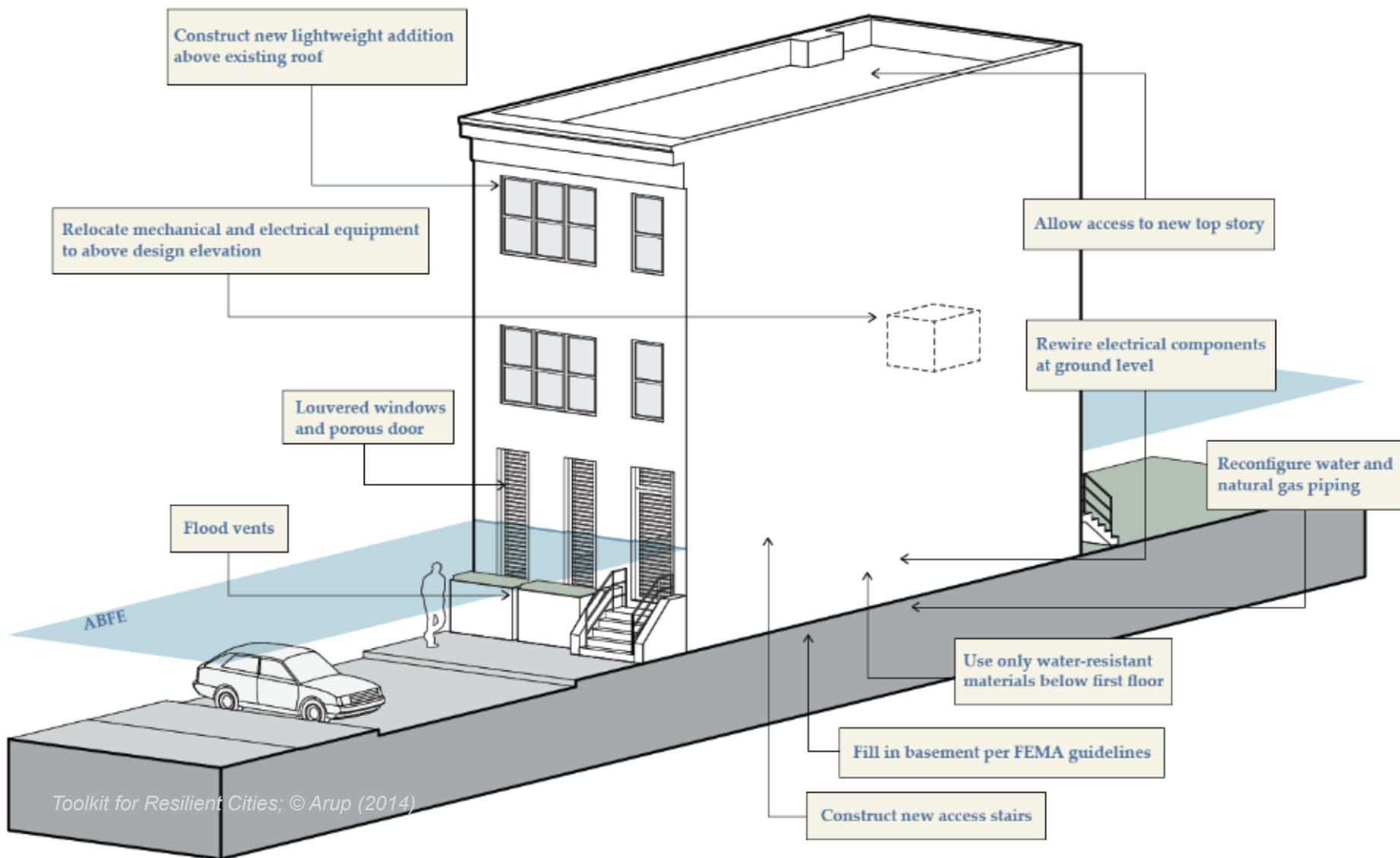
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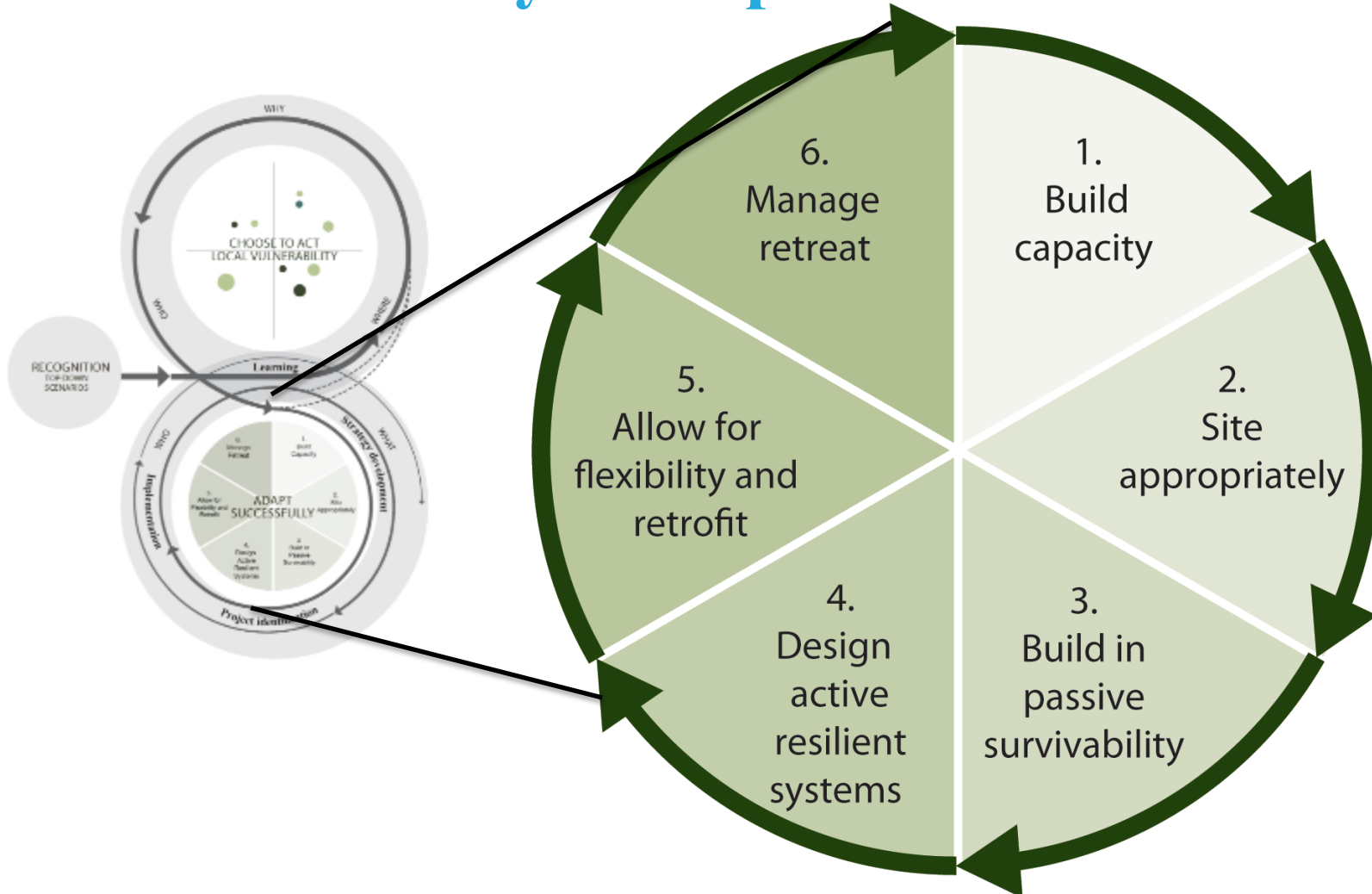
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Transparency & Health

Burn Calories, Not Electricity



Take the Stairs!

Walking up the stairs just 2 minutes a day helps prevent weight gain. It also helps the environment.

Learn more at www.nhs.gov.uk/c66371



Display Energy Certificate

How efficiently is this building being used?

A Government Dept
12th & 13th Floor
Jubilee House
High Street
Anytown
A12CD

Certificate Reference Number:
1234-1234-1234-1234

This certificate indicates how much energy is being used to operate this building. The Operational Rating is based on meter readings of all the energy actually used in the building. It is compared to a benchmark that represents performance indicative of all buildings of this type. There is more advice on how to interpret this information on the government's website: www.communities.gov.uk/epbd.

Operational Rating

This tells you how efficiently energy has been used in the building. The numbers do not represent actual units of energy consumed; they represent comparative energy efficiency. 100 would be typical for this kind of building.

More energy efficient

A 0-25

B 26-50

C 51-75

D 76-100

E 101-125

F 126-150

G Over 150

100 would be typical
108

Less energy efficient

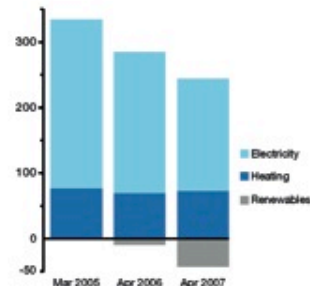
Technical Information

This tells you technical information about how energy is used in this building. Consumption data based on actual readings.

Main heating fuel: gas
Building environment: air conditioned
Total useful floor area (m²): 2927
Asset rating: 92

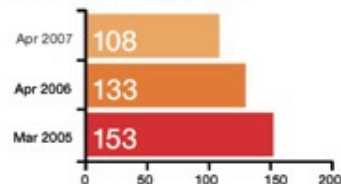
	Heating	Electrical
Annual energy use (kWh/m ² /year)	126	129
Typical energy use (kWh/m ² /year)	120	95
Energy from renewables	0%	20%

Total CO₂ Emissions



Previous Operational Ratings

This tells you how efficiently energy has been used in this building over the last three accounting periods.



Administrative Information

This is a Display Energy Certification as defined in SI2007:991 as amended.

Assessment software: OR v1
Property reference: 891123776612
Assessor name: John Smith
Assessor number: ABC12345
Accreditation scheme: ABC Accreditation Ltd
Employer/trading name: EnergyWatch Ltd
Employer/trading address: Alpha House, New Way, Birmingham, B21AA
Issue date: 12 May 2007
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Valid until: 31 Mar 2008
Related party disclosure: EnergyWatch are contracted as energy managers
Recommendations for improving the energy efficiency of the building are contained in report reference number 1234-1234-1234-1234.

ARUP

REDi™ Rating System

Platinum

Downtime:
Immediate Re-Occupancy (Green Tag expected)
and
Functional Recovery < 72 hours

Direct Financial Loss:
Scenario Expected Loss < 2.5%

Occupant Safety:
Physical injury due to failure of building components unlikely

Gold

Downtime:
Immediate Re-Occupancy (Green Tag expected)
and
Functional Recovery < 1 month¹

Direct Financial Loss:
Scenario Expected Loss < 5%

Occupant Safety:
Physical injury due to failure of building components unlikely

Silver

Downtime:
Re-Occupancy < 6 months (Yellow Tag possible)
and
Functional Recovery < 6 months¹

Direct Financial Loss:
Scenario Expected Loss < 10%

Occupant Safety:
Physical injury may occur from falling components (but not structural collapse),
fatalities are unlikely

In Case of Emergency: How Building Systems Make Facilities More Resilient

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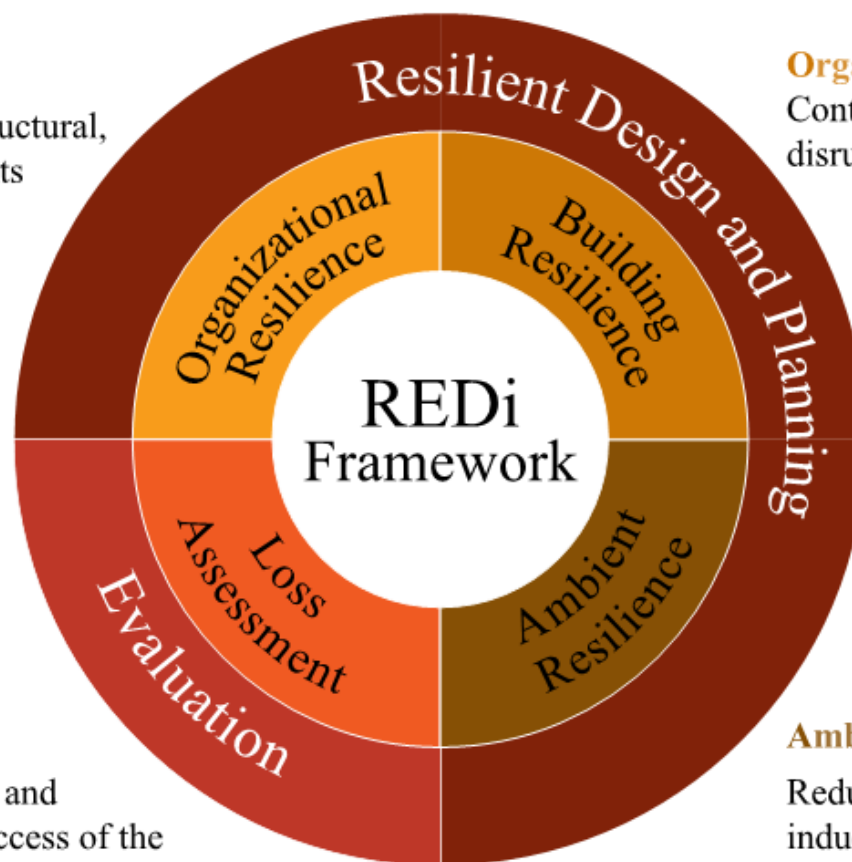
SIEMENS

Building Resilience:

Minimize expected damage to structural, architectural and MEP components through enhanced design

Organizational Resilience:

Contingency planning for utility disruption and business continuity



Loss Assessment:

Evaluate financial losses and downtime to evaluate success of the design and planning measures in meeting the resilience objectives

Ambient Resilience:

Reduce risks that external earthquake-induced hazards damage building or restrict site access

In Case of Emergency: How Building Systems Make Facilities More Resilient

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Toolkit for Resilient Cities

Arup, RPA, and
Siemens



Toolkit for Resilient Cities

Infrastructure, Technology and Urban Planning

A research project carried out by Arup, RPA and Siemens

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Cole Roberts, PE, LEED AP
cole.roberts@arup.com
415-957-9445

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